

**Title: Glyphosate disrupts redox status and up-regulates metallothionein I and II genes expression in the liver of adult rats. Alleviation by quercetin**

Running title: Quercetin alleviates glyphosate hepatotoxicity

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**Abstract**

The present work evaluated the possible protective effects of quercetin against glyphosate-induced hepatotoxicity in adult rats. Rats received either glyphosate, quercetin or glyphosate along with quercetin during 15 days. Glyphosate (50 mg/kg bw) was administered every two days by intraperitoneal way while quercetin (20 mg/kg bw) was administered daily by gavage. Glyphosate-induced hepatic oxidative stress was evidenced by the increased levels of malondialdehyde, hydrogen peroxide, advanced oxidation protein products and protein carbonyls with a significant decrease in enzymatic (superoxide dismutase, catalase, glutathione peroxidase) and non-enzymatic (non-protein thiols, glutathione, vitamin C) antioxidants. Plasma biomarkers of hepatotoxicity (AST, ALT, ALP,  $\gamma$ -GT, albumin) were also altered. Moreover, glyphosate induced DNA damage, up-regulated metallothionein (MT I and MT II) genes expression and provoked histopathological changes in rats' liver. Quercetin supplementation to glyphosate-treated rats markedly ameliorated all the parameters indicated above as well as the liver histoarchitecture. Therefore, quercetin might have beneficial effects against glyphosate-induced hepatotoxicity in rats.

Keywords: glyphosate; hepatic oxidative stress; rats; metallothionein; quercetin

**Changelog**

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To Dr. Lúbia Lacinová, Editor-in-Chief

## General Physiology and Biophysics

Dear editor,

We wish to thank you for your reply and for all the valuable comments that you and the reviewers have made. We are pleased to let you know that we have revised our article referred as 3042-18083 and we have brought modifications according to your comments and those of the reviewers. So we submit our revised article entitled “Glyphosate disrupts redox status and up-regulates metallothionein I and II genes expression in the liver of adult rats. Alleviation by quercetin.” for publication in your journal.

You will therefore find below the necessary responses to your comments and those of the reviewers.

We hope that it will ensure the improvement sought by your honorable journal. See below a detailed explanation of each change and revision made.

Thanking you in anticipation for your consideration,

Dr. Mariem Chaâbane

Responses to the editor and reviewer comments are in red color.

All modifications in the revised manuscript are highlighted in yellow.

Responses to the editor comments

□ Due to fact that on Figure 3 typical apoptotic DNA fragmentation was not observed, please replace "DNA fragmentation" in concerning texts by wording (depressed) DNA integrity.

• According to your recommendation, we have replaced “DNA fragmentation” in the manuscript by “depressed DNA integrity”. Please see page 17 line 316, page 31 line 604.

Responses to the reviewers’ comments

Reviewer 1:

• In your article is important and effective theme on characterisation of herbicide Glyphosate on liver damage. It was observed redox disruption (oxidative stress increase detected by several parameters- MDA, hydrogen, peroxide, advanced oxidation protein products and protein carbonyl and activities of antioxidant enzymes). You observed enough outputs in plasma biomarkers of hepatotoxicity, up-regulation of metallothionein (MT I and MT II) genes expression and histopathological changes in your experimental rat model. You also tested changes of these effects by quercetin supplementation with improvement of liver and many other positive outputs. I am suggesting to accept your article, but you should control English writing, and correct small mistakes in text.

□ As you recommended, we have revised the English language of the whole manuscript and made the necessary corrections. Please see the revised version of our manuscript.

Reviewer 2:

• The manuscript: „Glyphosate disrupts redox status and up-regulates metallothionein I and II genes expression in the liver of adult rats. Alleviation by quercetin” by Soudani et al. brings some novel data on the possibility to prevent glyphosate-induced liver damage with quercetin. However, I suggest make certain corrections to improve manuscript before publication:

• In Materials and Methods, part Animals and treatment: It should be clearly defined what was the vehicle/solution for glyphosphate (water?), and how was this applied to control group (i.p.?).

In addition, it should be stated how was QE diluted for gavage (it is not water-soluble) and if groups

I and II (without QE treatment) received this vehicle/solution by gavage too. If not, this should be stated as the limitation of the study.

□ The vehicle/solution for glyphosate was distilled water.

□ Control rats received 1 ml of distilled water by intraperitoneal way every two days.

□ Quercetin (20 mg/kg body weight) was dissolved in 2.5% dimethyl sulfoxide (DMSO).

Groups I and II have not received this vehicle/solution by gavage.

□ We have added the vehicle/solutions of glyphosate and quercetin in the Materials and Methods' section of the revised version of our manuscript (Please see page 6 lines 118-119, page 7, lines 120-121).

- In Figure 2B, the Results of gene expression should be quantified and normalized to housekeeper separately (as MT1/GAPDH; and MT2/GAPDH).

- We cannot quantify and normalize MT I and MTII genes expression because we don't have a densitometer. Indeed, we don't have means of funding to buy this machine as our country Tunisia faces an economic crisis.

- Please check if the doses of applied substances are shown correctly, e.g. dose of QE is expressed in mg/kg b.w./day but sometimes only as mg/kg b.w.

- We have changed throughout the manuscript "20 mg/kg b.w." by "20 mg/kg b.w./day". Please see page 2 line 25, page 7 line 127, page 12 lines 227 and 237, and page 13 line 255.

- Also, you state that glyphosate was applied every second day during 15 days. It is not clear whether animals received 7 or 8 doses of glyphosate (started at day1 or 2?). Please indicate total number of doses.

- Glyphosate injection started at the first day of the experiment. So, rats received 8 doses of glyphosate during the 15 days of the experimental period. We have added this information in the revised manuscript. Please see page 7, lines 122-123.

- In Discussion, the part suggesting Nrf2 signaling to be involved in the effects of QE in the liver is very speculative as no members of this pathway have been examined in the present study. Thus, this part should be removed from Discussion.

□ The part discussing the involvement of Nrf2 signaling in the hepatoprotective effects of quercetin has been removed from the discussion as you recommended. Please see the revised version of our manuscript.

- Paper needs slight language revision.

□ We have revised our manuscript for English mistakes and made the appropriate corrections. Please see the revised version of our manuscript.

- We hope that these corrections are in accordance with your recommendations and will bring the expected improvement.

Our best regards,

Dr. Mariem Chaâbane

Animal Physiology laboratory

Sfax, Tunisia

**Response to reviews:**

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**Tables:**

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Tab. 4 - [download](#)

1 **Glyphosate disrupts redox status and up-regulates metallothionein I and II genes**  
2 **expression in the liver of adult rats. Alleviation by quercetin.**

3 **Running title:** Quercetin alleviates glyphosate hepatotoxicity

4

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20

21 **Abstract**

22 The present work evaluated the possible protective effects of quercetin against glyphosate-induced  
23 hepatotoxicity in adult rats. Rats received either glyphosate, quercetin or glyphosate along with  
24 quercetin during 15 days. Glyphosate (50 mg/kg **b.w.**) was administered every two days by  
25 intraperitoneal way while quercetin (20 mg/kg **b.w./day**) was administered daily by gavage.  
26 Glyphosate-induced hepatic oxidative stress was evidenced by the increased levels of  
27 malondialdehyde, hydrogen peroxide, advanced oxidation protein products and protein carbonyls with  
28 a significant decrease in enzymatic (superoxide dismutase, catalase, glutathione peroxidase) and non-  
29 enzymatic (non-protein thiols, glutathione, vitamin C) antioxidants. Plasma biomarkers of  
30 hepatotoxicity (AST, ALT, ALP,  $\gamma$ -GT, albumin) were also altered. Moreover, glyphosate induced  
31 DNA damage, up-regulated metallothionein (MT I and MT II) genes expression and provoked  
32 histopathological changes in rats' liver. Quercetin supplementation to glyphosate-treated rats markedly  
33 ameliorated all the parameters indicated above as well as the liver histoarchitecture. Therefore,  
34 quercetin might have beneficial effects against glyphosate-induced hepatotoxicity in rats.

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36 **Keywords:** glyphosate, hepatic oxidative stress, rats, metallothionein, quercetin.

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## 41 **Introduction**

42           Herbicides are extensively used in agricultural fields in order to enhance biomass  
43 productivity, although they represent an environmental hazard, affecting non-target  
44 organisms, including humans. Glyphosate represents one of the most commonly applied  
45 herbicides worldwide since the 1970s (Jiraungkoorskul et al. 2002). It is the active ingredient  
46 of more than 750 different broad-spectrum herbicides (Guyton et al. 2015). This herbicide is  
47 used in agricultural applications for the control of annual and perennial plants, grasses, and  
48 broad-leaved woody species. Glyphosate herbicidal action is primarily based on the inhibition  
49 of 5-enolpyruvylshikimate-3-phosphate synthase, a key enzyme of the shikimic acid pathway  
50 present in plants, fungi and some bacteria, and implicated in the biosynthesis of aromatic  
51 amino acids. Since this pathway is absent in animals, glyphosate, according to Williams et al.  
52 (2000), is considered to be safe for the general population according to the manufacturer's  
53 instructions. Nevertheless, recent reports have revealed that glyphosate can be detrimental to  
54 the human health. In fact, Samsel and Seneff (2013) have recently shown that glyphosate may  
55 be a key contributor to obesity and autism epidemics in the United States, as well as to other  
56 diseases and pathologic conditions such as Alzheimer and Parkinson diseases, infertility and  
57 depression. Epidemiological data have shown also a strong and a highly significant  
58 correlation between the increased use of glyphosate and a multitude of cancers (Swanson et  
59 al. 2014).

60 In toxicological studies based on rodent models, glyphosate-based herbicides have  
61 been observed to elicit their toxicity through the induction of oxidative stress in the nervous  
62 system (Cattani et al. 2014), the reproductive system (de Liz Oliveira Cavalli et al. 2013), the  
63 kidneys (Wunnapuk et al. 2014), and especially, the liver, where an increased lipid  
64 peroxidation and a depleted level of glutathione (GSH), a non-enzymatic antioxidant, have  
65 been reported (El-Shenawy 2009). Metallothioneins (MTs), a class of low molecular weight  
66 proteins (6-7 kDa), represent another important part of the non-enzymatic antioxidant defense  
67 system. These proteins are involved in scavenging free radicals and have a cytoprotective role  
68 against their toxic effects (Sato and Bremner 1993). The most widely expressed isoforms in  
69 mammalian liver are MT I and MT II, which are sensitive to oxidative stress induced by some  
70 compounds such as pesticides (Kumar et al. 2010; Sato 1991). However, there are no  
71 scientific reports about the relation between MT I and MT II gene expression levels and  
72 oxidative stress status in mammalian hepatic tissue following glyphosate exposure.

73 As oxidative stress is considered to be one of the major mechanisms behind  
74 glyphosate toxicity, antioxidant therapy could be a useful therapeutic strategy for preventing  
75 its hepatotoxic effects. In this context, quercetin (QE) (3,5,7,3',4'-pentahydroxyflavone) is  
76 one of the most widely distributed flavonoids in plants belonging to the flavonol subclass. It  
77 represents an integral part of the human diet and it is mainly abundant in onions, kale,  
78 broccoli, Ginkgo Biloba, apples, berries, tea, red wine, nuts and seeds. Recently, this flavonol  
79 has an increasing scientific interest due to its outstanding health benefits, making it a



80 promising candidate for the development of the novel functional foods and medicines (Lin et  
81 al. 2014). QE has been reported to display a broad range of biological properties like  
82 antioxidant, anticancer and anti-inflammatory activities (Lamson and Brignall 2000). Major  
83 attention has been particularly paid to its antioxidant activity and its ability to reduce  
84 oxidative stress in biological systems. Indeed, within the flavonoid family, QE is considered  
85 to be the most active scavenger of reactive oxygen species (ROS) (Boots et al. 2008) and a  
86 potent chelator of metal ions (Ferrali et al. 2000). It has been demonstrated that the  
87 antioxidant property of QE confers a valuable therapeutic potential against various diseases  
88 such as cardiovascular diseases, renal injury and several hepatic pathologies (Jalili et al. 2006;  
89 Lee et al. 2013; Renugadevi and Milton Prabu 2010). Yet, to the best of our knowledge, there  
90 are no scientific reports about the impact of QE supplementation on the liver impairment  
91 induced by glyphosate.

92         Therefore, the present study aimed first to investigate the effect of glyphosate  
93 exposure on the redox status and genes expression of two MTs isoforms, namely MT I and  
94 MT II, in the liver of adult rats. Then, the potential protective effect of QE against the  
95 hepatotoxic effects induced by this herbicide was assessed.

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## 100 **Materials and methods**

### 101 *Chemicals*

102 Active ingredient glyphosate (isopropylamine salt of n-phosphonomethylglycine) with a  
103 purity of 99.9%, reduced glutathione (GSH), 5-5'-dithio-bis-2-nitrobenzoic acid (DTNB),  
104 1,1,3,3-tetrathoxypropane (TEP), thiobarbituric acid (TBA) and nitro blue tetrazolium (NBT)  
105 were purchased from Sigma (St. Louis; MO, USA). All other reagents of analytical grade  
106 were provided from standard commercial suppliers.

### 107 *Animals and treatment*

108 The experiments were conducted on adult male rats of Wistar strain ( $220 \pm 10$  g) purchased  
109 from the Central Pharmacy (SIPHAT, Tunisia). The animals were allowed to acclimate under  
110 controlled humidity (40%), temperature ( $22 \pm 3^\circ\text{C}$ ) and light conditions (12 h light/dark  
111 cycle), with free access to a commercial pellet diet (SNA, Sfax, Tunisia) and water. All the  
112 experimental procedures were conducted in strict accordance with the International  
113 Guidelines for Animal Care (Council of European Communities 1986) and approved by the  
114 Ethical Committee of Sciences Faculty, Sfax University.

115 After acclimatization for 1 week before the onset of the experiment, rats were  
116 randomly divided into three groups of six each. Rats of the first group, serving as controls,  
117 received 1 ml of distilled water by intraperitoneal (i.p.) way every two days. Rats of the  
118 second group received every two days by i.p. way 50 mg/kg b.w. of glyphosate, dissolved in  
119 distilled water, during 15 days. Rats of the third group received every two days by i.p. way 50

120 mg/kg b.w. of glyphosate (dissolved in distilled water) and quercetin (QE) (dissolved in 2.5%  
121 dimethyl sulfoxide) administrated daily by gavage at a dose of 20 mg/kg b.w./day during 15  
122 days. Glyphosate i.p. injection started at the first day of the experiment. So, rats received 8  
123 doses of glyphosate during the 15 days of treatment. All groups had free access to distilled  
124 water and standard diet during the experimental period.

125 The dose of glyphosate (50 mg/kg b.w.) used in our experiment, which corresponded  
126 to 1/5 of LD<sub>50</sub>, was chosen according to Olorunsogo and Bababunmi (1980) and WHO  
127 (1994). Concerning QE, the dose 20 mg/kg b.w./day has been reported to be effective in  
128 reducing oxidative stress in the hepatic tissue of sodium fluoride-treated rats (Nabavi et al.  
129 2012).

130 At the end of the treatment period, animals of the different groups were killed by  
131 cervical decapitation to avoid stress. Blood was collected from the trunk into heparinized  
132 tubes and centrifuged at 2200 ×g for 10 min. Plasma samples were drawn and stored at -20°C  
133 until analysis. Livers were dissected out, cleaned and weighed. Some samples were rinsed and  
134 homogenized (10% w/v) in Tris-HCl buffer (pH=7.4) and centrifuged. The resulting  
135 supernatants were used for biochemical assays. Other samples were immediately removed,  
136 cleaned and used either for RNA extraction and DNA integrity evaluation or fixed in 10%  
137 buffered formalin solution and embedded in paraffin for histological studies.

### 138 ***Biochemical estimations***

#### 139 *Protein quantification*

140 Liver protein contents were measured according to the method of Lowry et al. (1951) using  
141 bovine serum albumin as standard.

#### 142 *Liver malondialdehyde assay*

143 The liver malondialdehyde (MDA) concentrations, index of lipid peroxidation, were  
144 determined spectrophotometrically according to Draper and Hadley (1990). The MDA values  
145 were calculated using TEP as standard and expressed as nmoles MDA/mg protein.

#### 146 *Liver hydrogen peroxide content*

147 Hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) content in liver tissue was determined according to the ferrous ion  
148 oxidation-xylene orange method (Ou and Wolff 1996). Results were expressed as nmoles/mg  
149 protein.

#### 150 *Liver advanced oxidation protein product levels*

151 Advanced oxidation protein product (AOPP) levels were determined according to the method  
152 of Kayali et al. (2006). The concentration of AOPP for each sample was calculated using the  
153 extinction coefficient of 261 cm<sup>-1</sup>mM<sup>-1</sup> and the results were expressed as nmoles/mg protein.

#### 154 *Liver protein carbonyls content*

155 Protein carbonyls (PCO) were measured using the method of Reznick and Packer (1994). The  
156 carbonyl content was calculated based on the molar extinction coefficient of DNPH ( $\epsilon =$   
157  $2.2 \times 10^4 \text{ cm}^{-1} \text{ M}^{-1}$ ) and expressed as nmoles/mg protein.

158

#### 159 *Liver GSH content*

160 The GSH content of the liver homogenate was determined by Ellman's method (Ellman 1959)  
161 modified by Jollow et al. (1974) based on the development of a yellow color when DTNB was  
162 added to compounds containing sulfhydryl groups. The concentration of GSH was expressed  
163 as  $\mu\text{g}/\text{mg}$  protein.

#### 164 *Liver non-protein thiols content*

165 Liver non-protein thiol (NPSH) levels were determined by the method of Ellman (Ellman  
166 1959) and results were expressed as  $\mu\text{moles}/\text{mg}$  protein.

#### 167 *Liver vitamin C assay*

168 Vitamin C assay was performed as described by Jacques-Silva et al. (2001). The data were  
169 expressed as  $\mu\text{moles}$  of ascorbic acid/mg protein.

#### 170 *Determination of antioxidant enzyme activities in liver*

171 Catalase (CAT) activity was assayed by the method of Aebi (1984). Results were expressed  
172 as  $\mu\text{moles H}_2\text{O}_2$  consumed/min/mg protein.

173 Superoxide dismutase (SOD) activity was estimated according to Beauchamp and  
174 Fridovich (1971). Units of SOD activity were expressed as the amount of enzyme required to  
175 inhibit the reduction of NBT by 50 % and the activity was expressed as units/mg protein.

176 Glutathione peroxidase (GPx) activity was measured according to Flohe and Gunzler  
177 (1984). The enzyme activity was expressed as nmoles of GSH oxidized/min/mg protein.

178

#### 179 *Liver metallothionein content*

180 Metallothionein (MT) content in liver was assayed according to the method of Viarengo et al.  
181 (1997) modified by Petrovic et al. (2001) and results were expressed as  $\mu\text{moles GSH/g tissue}$ .

#### 182 *Biomarkers of liver toxicity in plasma*

183 Aspartate aminotransferase (AST), alanine aminotransferase (ALT), alkaline phosphatase  
184 (ALP), gamma glutamyltranspeptidase ( $\gamma\text{GT}$ ) activities and albumin levels were assayed  
185 spectrophotometrically in plasma according to the standard procedures using commercially  
186 available diagnostic kits (Biomaghreb, Tunisia, Ref. 20049, 20048, 20017, 20022 and 20094,  
187 respectively).

#### 188 *Liver RNA extraction*

189 50 mg of liver tissue were used to extract total RNA using kit purchased from Invitrogen  
190 (Pure Link RNA ref 12183018A) according to the manufacturer's recommendations. To  
191 check the purity of RNA, electrophoresis was performed for its integrity and the optical  
192 density (OD) was measured. All samples must have OD values between 1.7 and 1.9 based on  
193 the 260/280 ratio.

#### 194 *Semi-quantitative RT-PCR*

195 2  $\mu\text{g}$  of total mRNA served to produce cDNA by reverse transcription with MMLuv reverse  
196 transcriptase using oligo (dT) as a primer in a total volume of 20  $\mu\text{l}$ . Oligo (dT) primed first  
197 strand cDNA was prepared from liver RNA using MMLuv reverse transcriptase at 37°C for  
198 60 min. PCR was performed with gene specific primers using Taq DNA polymerase  
199 (Invitrogen, France). The primers used for the gene amplification were illustrated in table 1.

200 Initial denaturation was performed at 94°C for 5 min, annealing from 60°C and extension at  
201 72°C for 1 min. Expression of GAPDH, the housekeeping gene, served as the control. The  
202 number of amplification cycles was determined using individual primer sets to maintain  
203 exponential product amplification (30–35 cycles). Electrophoresis through 1% agarose gel  
204 allowed separation of the amplified PCR products. cDNA bands were stained with ethidium  
205 bromide and then visualized by ultraviolet illumination.

#### 206 ***DNA integrity evaluation***

207 The DNA was extracted according to the standard procedures using commercially available  
208 diagnostic kits (Pure Link Genomic DNA Invitrogen ref K 182001). To verify the extent of  
209 DNA damage in the liver, full genomic extracted DNA smear technique was performed by  
210 electrophoresis in agarose gel which was observed under an ultraviolet lamp and then  
211 photographed.

#### 212 ***Histological examination***

213 Livers were placed in 10% buffered formalin solution. They were embedded in paraffin,  
214 sectioned at a thickness of 5 µm and stained with hematoxylin–eosin for histological studies.  
215 Six slides were prepared from each liver.

#### 216 ***Statistical analysis***

217 All data were presented as mean ± S.D and were analyzed using the statistical package  
218 program Stat view 5 Software for Windows (SAS Institute, Berkley, CA). One way analysis  
219 of variance (ANOVA) followed by Fisher's protected least significant difference (PLSD) test

220 as a post hoc test was performed for statistical comparison between groups. When comparison  
221 between two groups was required, we have used Student unpaired *t*-test. Differences were  
222 considered significant if  $p < 0.05$ .

223

## 224 **Results**

### 225 *Estimation of lipid peroxidation*

226 In the liver of glyphosate-treated rats, MDA levels significantly increased by 69% compared  
227 to those of control group. Co-treatment with QE (20 mg/kg b.w./day) decreased the hepatic  
228 MDA content by 23% when compared to glyphosate group without reaching control values  
229 (Table 2).

### 230 *H<sub>2</sub>O<sub>2</sub> production*

231 The levels of H<sub>2</sub>O<sub>2</sub> generated in the liver were increased by 44% in glyphosate group when  
232 compared to controls. In glyphosate+QE group, H<sub>2</sub>O<sub>2</sub> level was significantly reduced by 23%  
233 when compared to glyphosate group without reaching control values (Table 2).

### 234 *Markers of protein oxidative damage in the liver*

235 In the glyphosate group, a significant increase of liver AOPP and PCO levels by 93 and 55%,  
236 respectively, was observed when compared to those of controls. The administration of QE at  
237 20 mg/kg b.w./day to glyphosate-treated rats ameliorated AOPP and PCO levels by 28 and



238 22% respectively, when compared to glyphosate group, without reaching control values  
239 (Table 2).

#### 240 *Non-enzymatic antioxidant status in the liver*

241 Our results showed a significant decrease in the levels of GSH (-42%), NPSH (-41%) and  
242 vitamin C (-44%) in rats exposed to glyphosate, when compared to controls. Supplementation  
243 of QE resulted in a partial recovery in the levels of these non-enzymatic antioxidants which  
244 increased by 38, 28 and 41%, respectively, when compared to glyphosate group (Table 3).

#### 245 *Enzymatic antioxidant status in the liver*

246 Antioxidant enzyme activities of SOD, GPx and CAT in control and treated groups are  
247 represented in Figure1. Glyphosate treatment led to a significant decrease in SOD, GPx and  
248 CAT activities by 45, 37 and 32% compared to those of control group. Treatment with QE  
249 restored partially the activities of these antioxidant enzymes which increased by 30, 37 and  
250 29%, respectively, when compared to glyphosate-treated rats.

#### 251 *Effects of glyphosate on biochemical markers of liver toxicity in plasma*

252 AST and ALT activities in plasma of glyphosate-treated group increased by 71 and 75%,  
253 respectively. However, plasma ALP and  $\gamma$ GT activities as well as albumin level decreased by  
254 27, 50 and 21%, respectively, in glyphosate-treated group when compared to those of controls  
255 (Table 4). Oral administration of QE (20 mg/kg b.w./day) ameliorated the levels of AST (-

256 22%), ALT (-29%), ALP (+14%),  $\gamma$ GT (+33%) and albumin (+18%) when compared to  
257 glyphosate-treated rats without reaching control values.

#### 258 **Total MT level and MTI and MTII genes expression in the liver**

259 There was a significant increase of total MT level by 70% in liver of rats treated with  
260 glyphosate when compared to those of controls [Figure 2 (a)]. The expression of MT I and  
261 MT II mRNA was also increased in the liver of glyphosate-treated groups as compared to that  
262 of control group [Figure 2 (b)]. Treatment with QE reduced the level of total MT by 31% as  
263 compared to glyphosate-treated rats and down-regulated the genes expression of MT I and  
264 MT II.

#### 265 **Effect of glyphosate on oxidative DNA damage**

266 As shown in Figure 3, agarose gel electrophoresis showed undetectable DNA laddering in the  
267 liver of control rats. A smear (hallmark of necrosis) on agarose gel, indicating random DNA  
268 degradation, was observed through the lane of DNA liver samples of glyphosate-treated rats.  
269 However, rats treated with QE and glyphosate showed a slight decrease in DNA smearing as  
270 compared to that of glyphosate -treated rats.

#### 271 **Histological examination**

272 The effect of glyphosate exposure on the liver structural integrity was evaluated by  
273 histological analysis. Light microscopic examination indicated a normal structure of the liver  
274 in controls [Figure 4 (a)]. Nevertheless, remarkable morphological changes such as the  
275 presence of polynuclear giant cells [Figure 4 (b1)], a sinusoidal dilatation [Figure 4 (b2)], an

276 infiltration of inflammatory leukocytes [Figure 4 (b3)], a parenchyma dilatation [Figure 4 (b3)  
277 and (b4)], a fibrosis [Figure 4 (b2) and (b4)], a cellular degeneration and a focal hepatic  
278 necrosis [Figure 4 (b2) and (b4)] were observed in the liver of glyphosate treated rats. These  
279 histological alterations were significantly attenuated in the liver of glyphosate+QE group as  
280 compared to that of glyphosate group [Figure 4(c)].

## 281 **Discussion**

282 Glyphosate, one of the most commonly applied herbicides worldwide, has been previously  
283 described to alter the hepatic redox status in rats (El-Shenawy 2009). Thus, antioxidant  
284 therapy could be considered as a good strategy to mitigate liver damage induced by this  
285 herbicide. Therefore, the present study was designed to examine whether co-treatment with  
286 QE, a plant flavonoid with potent antioxidant action, could potentially have a protective effect  
287 against glyphosate-induced hepatotoxicity.

288 In general, one of the most established mechanisms of pesticides toxicity is their  
289 ability to induce oxidative stress through an overproduction of ROS which react with cellular  
290 biomolecules. Biological membranes contain high amounts of polyunsaturated fatty acids,  
291 which are particularly susceptible to peroxidative attacks. The results of the present study  
292 showed that glyphosate treatment induced hepatic oxidative damage, as evidenced by the  
293 increased levels of MDA, the end product of lipid peroxidation, in the liver tissue of rats  
294 exposed to this herbicide. Our results were consistent with the previous findings of El-  
295 Shenawy (2009) in liver of rats treated with sub-lethal doses of glyphosate. Furthermore, other

296 works have shown elevated MDA levels in tissues like liver, brain, testes and plasma of  
297 glyphosate-based herbicides-treated rats (Astiz et al. 2009 a,b). The enhanced lipid  
298 peroxidation observed under our experimental conditions might be ascribed to an excessive  
299 generation of ROS resulting from glyphosate exposure.

300 At the cellular level, ROS are produced via several mechanisms. As mitochondria are  
301 the primary intracellular sites of oxygen consumption, they may be the primary sites of ROS  
302 generation such as H<sub>2</sub>O<sub>2</sub>. In addition to the rise of MDA levels, we have recorded a significant  
303 increase of H<sub>2</sub>O<sub>2</sub> levels in the liver of glyphosate-treated rats, suggesting mitochondria as a  
304 potential target of this pesticide toxicity. In fact, glyphosate has been reported to be a  
305 mitochondrial toxin which uncouples mitochondrial oxidative phosphorylation (Bradberry et  
306 al. 2009). Once formed, H<sub>2</sub>O<sub>2</sub> readily diffuses through cellular membranes to reach sites  
307 distant from where it was generated. In the presence of transition metals, it can be reduced to  
308 the hydroxyl radical, which in turn interacts with membrane lipids to initiate lipid  
309 peroxidation and provokes tissue damage.

310 It is widely accepted that lipid peroxidation products, such as MDA, are implicated in  
311 cell genotoxicity (Singh et al. 2011). In the present study, the enhanced hepatic MDA levels  
312 caused by glyphosate have been suggested to provoke DNA damage in rats' hepatocytes.  
313 Indeed, as revealed by agarose gel electrophoresis, glyphosate treatment resulted in DNA  
314 shearing reflecting the genotoxic potential of this pesticide. On the other hand, pesticide  
315 biotransformation often results in the generation of ROS, which are highly toxic and cause

316 oxidative damage to DNA. So, it is possible that the depressed DNA integrity observed in  
317 hepatocytes of glyphosate-treated rats could be due to the direct reaction of ROS, generated  
318 by the metabolism of the herbicide, with the DNA of exposed animals. Our results were in  
319 line with data reported by Astiz et al. (2009) after sub-chronic exposure of rats to glyphosate.  
320 Moreover, Roundup<sup>®</sup>, a glyphosate-based herbicide, has been previously demonstrated to  
321 provoke DNA lesions in the kidney and the liver of mice (Peluso et al. 1998).

322 Administration of QE along with glyphosate significantly modulated lipid  
323 peroxidation and decreased H<sub>2</sub>O<sub>2</sub> generation, indicating its important role in providing  
324 protection against oxidative damage. QE is recognized as a potent free radical scavenger able  
325 to inhibit the lipid peroxidation process. According to Moridani et al. (2003), the advanced  
326 diffusion of this flavonoid through biological membranes allows it to scavenge oxyradicals at  
327 numerous sites of the lipid bilayer. Moreover, QE is able to react with ROS, decreases DNA  
328 damage and prevents the tumorigenic processes (Murota and Terao 2003).

329 Likewise, free radicals attack not only lipids and DNA but also proteins. In the present  
330 study, our results revealed a significant increase of hepatic PCO and AOPP levels in  
331 glyphosate-treated group compared with the control group.

332 Interestingly, QE prevented the increase in the hepatic levels of protein oxidation  
333 biomarkers. In fact, QE is recognized to have a powerful oxygen radicals scavenging activity  
334 and protects proteins against oxidative stress in methimazole-treated rats (Santi et al. 2014).

335 To counteract the deleterious effects of oxidative stress, mammalian cells are equipped  
336 with enzymatic and non-enzymatic antioxidant systems which work together to combat  
337 oxidative stress. Within the first line of cellular defense, there are the key enzymatic  
338 components which limit the effects of oxidant molecules in tissues by means of their free  
339 radical scavenging properties. In the current work, glyphosate treatment decreased  
340 significantly hepatic activities of SOD, CAT and GPx. This result suggested that the  
341 inhibition of antioxidant enzyme activities might be considered as a potential mechanism by  
342 which this herbicide could induce oxidative stress.

343 Treatment with QE significantly enhanced the activities of enzymatic antioxidants  
344 which substantiated its strong capacity to scavenge ROS. In fact QE, a potent antioxidant, is  
345 known to modulate the activities of different enzymes through its interaction with various  
346 biomolecules (de David et al. 2011).

347 The second line of cellular defense against oxidative stress is offered by non-  
348 enzymatic antioxidants with low molecular weight. In this regard, NPSH are among the most  
349 important non-enzymatic antioxidants which present a variety of functions in the reduction  
350 and detoxification processes. In our study, a marked depletion in the hepatic contents of  
351 NPSH and GSH was observed following glyphosate exposure, which might be attributed to  
352 their consumption in removing H<sub>2</sub>O<sub>2</sub> and other peroxides produced in excess due to oxidative  
353 stress. GSH reduction in glyphosate-treated rats might also explain the decreased hepatic  
354 levels of vitamin C which is known to enter the cell mainly in its oxidized form where it is

355 reduced by GSH. This vitamin is a hydrophilic reducing agent which directly reacts with  
356 ROS, such as superoxide radicals, as well as various lipid hydroperoxides more efficiently  
357 than any other water soluble antioxidant (Briviba and Sies 1994). So, the observed reduction  
358 in vitamin C level could also be ascribed to its increased utilization in trapping the oxy-  
359 radicals resulting from glyphosate exposure.

360 The improvement in the hepatic GSH status following QE supplementation to  
361 glyphosate-treated rats indicated that this flavonoid is a strong inducer of GSH content. Our  
362 results were in accordance with those of Molina et al. (2003) who have shown that QE  
363 protects liver against ethanol induced oxidative damage in mouse by enhancing the hepatic  
364 level of GSH.

365 Another interesting group of non-enzymatic antioxidants, metallothioneins (MTs),  
366 plays a central role in the cellular defense against oxidative stress. Because of their high thiol  
367 content, these proteins can effectively scavenge several types of ROS (Miles et al. 2000). It  
368 has been demonstrated that MT genes are readily induced by oxidative stress resulting from  
369 pesticides intoxication (Miles et al. 2000). In our experimental study, we have found in the  
370 liver of glyphosate-treated rats a significant increase of total MT. MT I and MT II gene  
371 expression levels were also significantly up-regulated. The observed induction of MTs under  
372 our experimental conditions reflected probably an adaptive response of the liver tissue to the  
373 toxicological manifestations induced by this herbicide. To our knowledge, the present study is  
374 the first attempt evaluating the effect of glyphosate on the genes expression of the two

375 isoforms MT I and MT II in rat by means of semi quantitative PCR. The possible mechanism  
376 of MT protection against glyphosate liver injury might be due to the twenty cysteine residues,  
377 constituting a part of its structure, which are involved in quenching hydroxyl and superoxide  
378 radicals (Chiaverini and De Ley 2010).

379 MT induction in the hepatic tissue of glyphosate-treated rats was significantly  
380 attenuated by QE which could be attributed to its direct ROS scavenging capacity.

381 In the present study, the impairment of the enzymatic and non-enzymatic antioxidant  
382 status caused by glyphosate exposure could enhance the susceptibility to oxidative damage in  
383 hepatic cells and contribute to hepatocellular dysfunction. Liver enzymes such as AST, ALT,  
384 ALP and  $\gamma$ GT are considered to be the important markers of hepatic function. In our findings,  
385 we demonstrated that glyphosate, administered to rats, provoked a marked increase in plasma  
386 AST and ALT activities, indicating hepatocellular damage. The excessive production of free  
387 radicals and lipid peroxides might cause an alteration of membrane permeability leading to  
388 the leakage of these cytosolic enzymes from the hepatic tissue. When QE was administered to  
389 glyphosate-treated rats, transaminase activities in plasma were decreased significantly,  
390 suggesting that QE probably prevented the leakage of these marker enzymes by keeping the  
391 structural integrity of the liver. This hepatoprotective effect of QE may be mainly due to its  
392 anti-lipoperoxidative, antioxidant and membrane stabilizing properties as reported by  
393 Renugadevi and Milton Prabu (2010) in cadmium-treated rats co-treated with QE. On the  
394 other hand, glyphosate administration led to a significant decrease in the plasma activities of



395 ALP and  $\gamma$ GT. The latter enzyme is involved in the catabolism of extracellular GSH,  
396 providing amino acids to be assimilated and reutilized as precursors for intracellular GSH  
397 synthesis (Lee et al. 2004). Inhibition of this enzyme activity could account for the low  
398 cytoplasmic GSH levels recorded following glyphosate exposure.

399 In addition, albumin, the most abundant plasma protein synthesized by the liver,  
400 represents another biomarker of hepatic function (Chaâbane et al. 2015). The observed  
401 reduction of plasma albumin level in glyphosate-treated group could be attributed to the direct  
402 interaction with albumin. In fact, it has been previously demonstrated that glyphosate binds to  
403 human serum albumin causing an alteration of the protein secondary structure (Yue et al.  
404 2008).

405 Administration of QE attenuated glyphosate induced hepatic oxidative injury as shown  
406 by the increased levels of ALP,  $\gamma$ GT and albumin, reflecting its hepatoprotective effect which  
407 might be related to its antioxidant potential.

408 To substantiate the biochemical findings, a histological examination of the liver was  
409 undertaken. In fact, histopathological examination of the hepatic tissue revealed that  
410 glyphosate treatment caused abnormal ultrastructural changes including the presence of  
411 polynuclear giant cells, suggesting a cell cycle disturbance, a sinusoidal and a parenchyma  
412 dilatation, a fibrosis, a cellular degeneration and a focal hepatic necrosis. These histological  
413 changes might be due to the formation of highly reactive radicals and subsequent lipid  
414 peroxidation induced by this herbicide.

415 Administration of QE to glyphosate-treated rats was quite appreciable as it reduced the  
416 histological alterations. This effect could be attributed to the antioxidant and free radical  
417 scavenging properties of QE, which significantly reduced the oxidative insult leading to the  
418 reduction of pathological changes and restoration of normal physiological functions.

#### 419 **Conclusion**

420 Results from the present study clearly confirmed that glyphosate induced redox status  
421 unbalance and up-regulated metallothionein (MT I and MT II) genes expression in the liver of  
422 adult rats. Our findings demonstrated also that QE administration had a marked protective  
423 effect against glyphosate hepatotoxicity which seemed to be related to its strong antioxidant  
424 activity. Further studies are needed to elucidate the exact signaling pathways targeted by QE  
425 and mediating its hepatoprotective action in response to glyphosate-induced hepatic oxidative  
426 damage in rats.

#### 427 **Conflict of interest**

428 The authors declare that they have no conflict of interest.

#### 429 **Acknowledgment**

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594 **Figures' captions**

595 **Figure. 1** Antioxidant enzyme activities SOD (a), GPx (b) and CAT (c) in the liver of control  
596 and treated rats with glyphosate or glyphosate along with QE. Values are means  $\pm$  SD for six  
597 rats in each group.

598 Glyphosate and glyphosate + QE groups vs control group: \*\* p<0.01; \*\*\* p<0.001.

599 Glyphosate + QE group vs glyphosate group: <sup>fff</sup> p<0.001.

600 **Figure. 2** Levels of total MT (a) and genes expression (b) of MT I and MT II mRNA in the  
601 liver of control and treated rats with glyphosate or glyphosate along with QE.

602 Glyphosate and glyphosate + QE groups vs control group: \*\* p<0.01; \*\*\* p<0.001.

603 Glyphosate + QE group vs glyphosate group: <sup>fff</sup> p<0.001.

604 **Figure. 3** Agarose gel electrophoresis of **depressed** DNA **integrity**. DNA isolated from  
605 experimental liver tissues was loaded into 1% agarose gel.

606 M: marker (3 kb DNA ladder), Lane 1: DNA isolated from control liver sample; (1) Lane 2:  
607 DNA isolated from glyphosate liver sample (2); Lane 3: DNA isolated from glyphosate + QE  
608 liver sample (3).

609 **Figure. 4** Liver histological sections of control (a) and treated rats with glyphosate (b1, b2, b3  
610 and b4) or glyphosate along with QE (c). Optic microscopy: HE x200

611 Arrows indicate:







612      polynuclear giant cells,      sinusoidal dilatation,      infiltration of inflammatory  
613     leukocytes,      parenchyma dilatation,      fibrosis,      cellular degeneration and focal  
614     hepatic necrosis.

Fig. 1 [Download full resolution image](#)

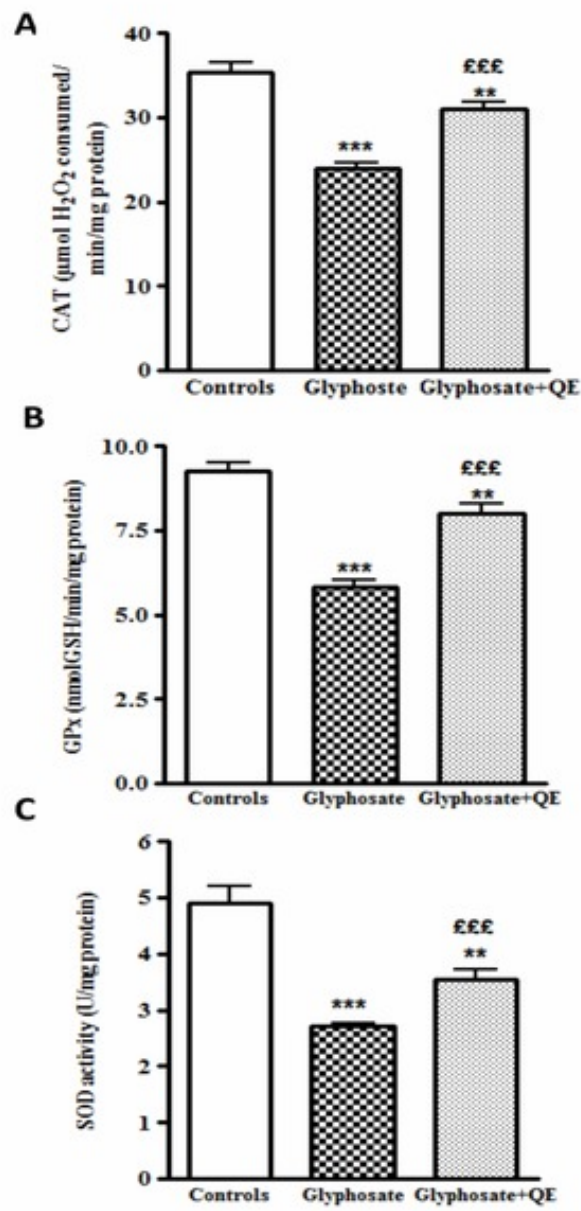


Figure 1

Fig. 2 [Download full resolution image](#)

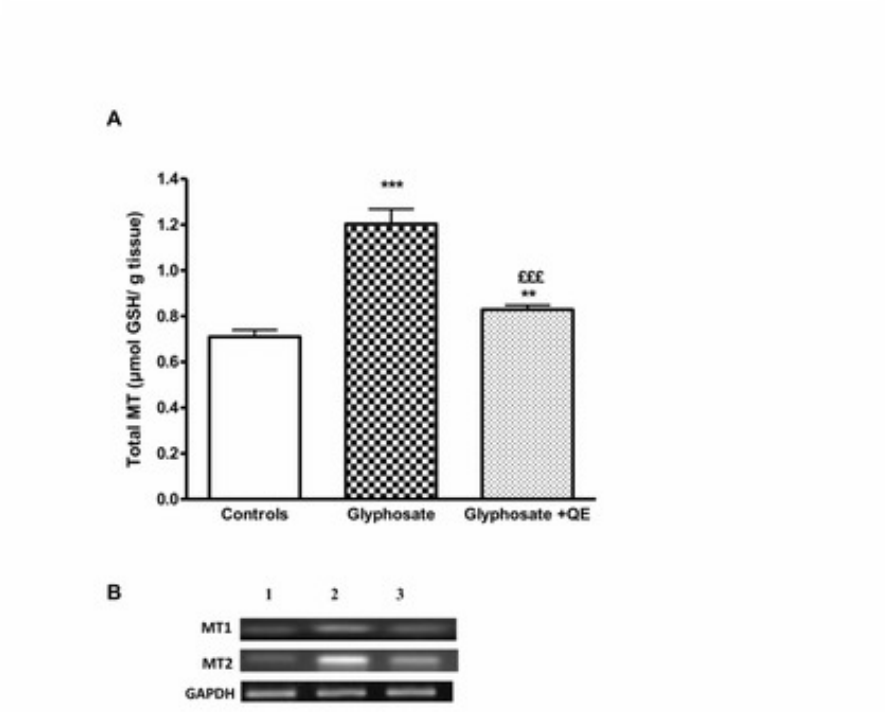


Figure 2

Fig. 3 [Download full resolution image](#)



**Figure 3**

Fig. 4 [Download full resolution image](#)

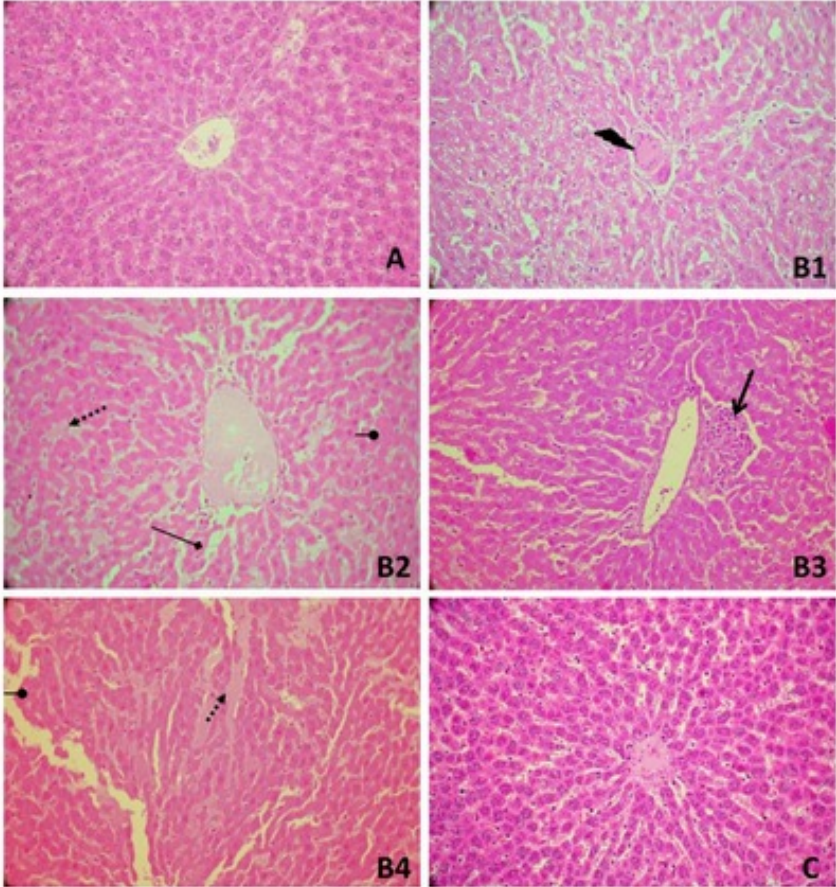


Figure 4