

**Title: Antioxidative effects of diallyl trisulfide on hydrogen peroxide-induced cytotoxicity through regulation of nuclear factor-E2-related factor-mediated thioredoxin reductase 1 expression in C2C12 skeletal muscle myoblast cells**

Running title: Antioxidative effects of diallyl trisulfide

Create date: 2016-09-05

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**Abstract**

Diallyl trisulfide (DATS) is one of the major constituents among the sulfur-containing compounds in garlic oil. Although DATS has strong radical scavenging and antioxidant activities, how DATS protects against oxidative stress is not fully understood. In this study, we analyzed the effects of DATS against hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>)-induced oxidative stress in C2C12 myoblasts and to investigate the molecular mechanisms involved in this process. DATS preconditioning significantly attenuated H<sub>2</sub>O<sub>2</sub>-induced growth inhibition and DNA damage, as well as apoptosis in C2C12 cells by suppressing the generation of reactive oxygen species (ROS). Treatment with DATS alone effectively upregulated the expression of nuclear factor-erythroid 2-related factor 2 (Nrf2) and thioredoxin reductase 1 (TrxR1), which was associated with the increased phosphorylation of Nrf2. However, the protective effects of DATS against H<sub>2</sub>O<sub>2</sub>-induced growth reduction and ROS accumulation were significantly abolished by auranofin, an inhibitor of TrxR activity. Moreover, DATS-mediated phosphorylation of Nrf2 and induction of TrxR1 were markedly reduced by genetic silencing of Nrf2 using small interfering RNA. Esculetin treatment also induced the phosphorylation extracellular signal-regulating kinase (ERK), and analysis using specific inhibitors of cellular signaling pathways demonstrated that only ERK activation was involved in Nrf2 phosphorylation and TrxR1 induction. In addition, the potentials of DATS to protect against H<sub>2</sub>O<sub>2</sub>-induced apoptosis and growth inhibition were abrogated in C2C12 cells pretreated with an ERK specific inhibitor. The results demonstrate that DATS protects against oxidative stress-induced DNA damage and apoptosis in C2C12 cells in part through the activation of Nrf2-mediated TrxR1 induction via the ERK signaling pathway.

Keywords: DATS; oxidative stress; Nrf2; TrxR1; ERK

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1 **Antioxidative effects of diallyl trisulfide on hydrogen peroxide-induced cytotoxicity**  
2 **through regulation of nuclear factor-E2-related factor-mediated thioredoxin**  
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4  
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25 **Abstract.** Diallyl trisulfide (DATS) is one of the major constituents among the sulfur-  
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28 understood. In this study, we analyzed the effects of DATS against hydrogen peroxide  
29 (H<sub>2</sub>O<sub>2</sub>)-induced oxidative stress in C2C12 myoblasts and to investigate the molecular  
30 mechanisms involved in this process. **DATS preconditioning significantly attenuated**  
31 **H<sub>2</sub>O<sub>2</sub>-induced growth inhibition and DNA damage, as well as apoptosis in C2C12 cells**  
32 **by decreasing the generation of ROS.** Treatment with DATS alone effectively  
33 upregulated the expression of nuclear factor-erythroid 2-related factor 2 (Nrf2) and  
34 thioredoxin reductase 1 (TrxR1), which was associated with the increased  
35 phosphorylation of Nrf2. However, the protective effects of DATS against H<sub>2</sub>O<sub>2</sub>-  
36 induced growth reduction and ROS accumulation were significantly abolished by  
37 auranofin, an inhibitor of TrxR activity. Moreover, DATS-mediated phosphorylation of  
38 Nrf2 and induction of TrxR1 were markedly reduced by genetic silencing of Nrf2 using  
39 small interfering RNA. Esculetin treatment also induced the phosphorylation  
40 extracellular signal-regulating kinase (ERK), and analysis using specific inhibitors of  
41 cellular signaling pathways demonstrated that only ERK activation was involved in  
42 Nrf2 phosphorylation and TrxR1 induction. In addition, the potentials of DATS to  
43 protect against H<sub>2</sub>O<sub>2</sub>-induced apoptosis and growth inhibition were abrogated in C2C12  
44 cells pretreated with an ERK specific inhibitor. The results demonstrate that DATS  
45 protects against oxidative stress-induced DNA damage and apoptosis in C2C12 cells in  
46 part through the activation of Nrf2-mediated TrxR1 induction *via* the ERK signaling  
47 pathway.

48

49 **Introduction**

50

51 Oxidative stress reflects an imbalance between the systemic manifestation of reactive  
52 oxygen species (ROS) and a biological system's ability to readily detoxify the reactive  
53 intermediates or to repair the resulting damage all components of the cell, including  
54 proteins, lipids, and DNA (Lyakhovich and Graifer, 2015; Ermakov et al., 2013).  
55 Oxidative stress can cause disruptions in normal mechanisms of cellular signaling and is  
56 thought to be involved in the development of various diseases, such as cancer,  
57 neurodegenerative disease, and cardiovascular disease (Dai et al., 2014; Brieger et al.,  
58 2012). In contrast, antioxidant enzymes have been shown to have highly effective and  
59 sufficient for protecting cells against oxidative stress, and have some preventive or  
60 therapeutic effects against the symptoms of these diseases, particularly in those for  
61 which oxidative stress is the main cause (Mena et al., 2009). Therefore, therapeutic  
62 strategies should be focused on the reduction of free radical formation and scavenging  
63 of free radicals.

64 Most of the genes for encoding phase II detoxification or antioxidant enzymes are  
65 regulated via the redox-sensitive nuclear factor-E2-related factor (Nrf2) pathway (Silva-  
66 Palacios et al., 2016; Huang et al., 2015). Under unstimulated conditions, Nrf2 is kept in  
67 the cytosol bound to cytoskeleton Kelch-like ECH-associated protein 1 (Keap1), which  
68 acts as substrate adaptor for the Cul3-Rbx1 E3 ligase which ubiquitylates Nrf2 for  
69 proteasomal degradation (O'Connell et al., 2015; Jaramillo and Zhang, 2013).  
70 Dissociation of this complex is achieved by thiol modification of Keap1 preventing  
71 degradation and allowing newly synthesized Nrf2 to translocate into the nucleus where  
72 it binds to the antioxidant responsive element (ARE) in conjunction with other

73 transcription factors (Gan and Johnson, 2014; Jaramillo and Zhang, 2013). In the  
74 nucleus, Nrf2 associates with small Maf proteins, forming heterodimers that bind to  
75 ARE to activate the transcription of enzymes involved in the cellular antioxidant  
76 defense and in phase II detoxification, such as NAD(P)H:quinone oxidoreductase 1  
77 (NQO1), thioredoxin (Trx) 1, Trx reductase (TrxR) 1, and heme oxygenase-1 (HO-1)  
78 (Cebula et al., 2015; Murakami and Motohashi, 2015; Stefanson and Bakovic, 2014).  
79 Recent observations demonstrated that the regulation of Nrf2-ARE mediated gene  
80 expressions requires the activation of several signal transduction pathways, including  
81 mitogen-activated protein kinases (MAPKs), such as extracellular signal-regulated  
82 kinase (ERK), c-Jun N-terminal kinase (JNK), p38 MAPK, phosphatidylinositol 3-  
83 kinase (PI3K)/protein kinase B (PKB, Akt), and nuclear factor kappa-B (NF- $\kappa$ B) (Jeong  
84 et al., 2006; Li et al., 2007; Hamdulay et al., 2010; Paine et al., 2010). They are  
85 important enzymes involved in the transduction of various signals from the cell surface  
86 to the nucleus associated with the modulation of ARE-driven gene expression *via* Nrf2  
87 activation. Therefore, genes regulated by an ARE encode proteins that help to control  
88 cellular redox status and protect cells from oxidative damage.

89 Garlic (*Allium sativum* L.) is a plant commonly used for seasoning food in many  
90 different cultures, particularly in Asian countries, and an important component in the  
91 complementary and alternative medicine (Yun et al., 2014; Li et al., 2013). Recent data  
92 convincingly pointed out that garlic has a wide range of biological activities against a  
93 number of chronic diseases, including cardiovascular disorders, diabetes, infections, and  
94 other metabolic ills as well as cancer (Trio et al., 2014; Khatua et al., 2013; Padiya and  
95 Banerjee, 2013). Garlic is a particularly rich source of organosulfur compounds (OSCs),  
96 and diallyl monosulfide (DAS), diallyl disulfide (DADS), and diallyl trisulfide (DATS)

97 are the most abundant compounds in garlic oil (Lea, 1996; Amagase et al., 2001; Iciek  
98 et al., 2009). The antioxidant potential is in the order DATS > DADS > DAS (Liu et al.,  
99 2014; Jakubíková and Sedlák, 2006; Chen et al., 2004; Fukao et al., 2004), suggesting  
100 that the number of sulfur atoms plays a vital role in the biological activities of OSCs.  
101 Recently, Liang et al. (2015) suggested that DATS acts faster as an H<sub>2</sub>S donor  
102 compared to DADS, which also supports these results.

103 Although several published reports have recently described the protective effects of  
104 DATS associated with Nrf2 signaling against oxidative stress (Xu et al., 2015; Kim et  
105 al., 2014; You et al., 2013; Tsai et al., 2013), the mechanism underlying its inductive  
106 effect remains largely unknown. This study was carried out to examine the ability of  
107 DATS to protect cells from hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>)-induced cell damage and to  
108 elucidate the mechanism underlying these protective effects using a C2C12 murine  
109 skeletal-muscle cell line.

110

## 111 **Materials and Methods**

112

### 113 *Reagents and antibodies*

114 DATS (allyl trisulfide, Di-2-propenyl trisulfide) was purchased from LKT Laboratories  
115 (St Paul, MN, USA). Dulbecco's modified Eagle's medium (DMEM), fetal bovine  
116 serum (FBS) and other tissue culture reagents were obtained from WelGENE Inc.  
117 (Daegu, Republic of Korea). H<sub>2</sub>O<sub>2</sub>, 3-(4,5-dimethylthiazol-2-yl)-2,5-  
118 diphenyltetrazolium bromide (MTT), auranofin, N-acetyl-L-cysteine (NAC), 4',6-  
119 diamidino-2-phenylindole (DAPI), and propidium iodide (PI) were purchased from  
120 Sigma-Aldrich Chemical Co. (St. Louis, MO, USA). 2',7'-dichlorofluorescein diacetate

121 (DCFDA) and annexin V-fluorescein isothiocyanate (FITC) apoptosis detection kit  
122 were purchased from Molecular Probes (Eugene, OR, USA) and R&D Systems Inc.  
123 (Minneapolis, MN, USA), respectively. Inhibitors of PI3K/Akt (LY294002) and  
124 MAPKs (SB203580, SP600125, and PD98058) were obtained from Calbiochem (San  
125 Diego, CA, USA). Primary antibodies were purchased from Santa Cruz Biotechnology  
126 (Santa Cruz, CA, USA) and Cell Signaling Technology (Danvers, MA, USA).  
127 Enhanced chemiluminescence (ECL) kit and horseradish peroxidase (HRP)-conjugated  
128 secondary antibodies were obtained from Amersham Life Science (Arlington Heights,  
129 IL, USA). All other chemicals not specifically cited here were purchased from Sigma-  
130 Aldrich Chemical Co.

131

#### 132 *Cell culture and DATS treatment*

133 C2C12 cells obtained from American Type Culture Collection (Manassa, VA, USA)  
134 were maintained in DMEM supplemented with 10% fetal bovine serum (FBS) and 1%  
135 antibiotics (100 U/ml penicillin and 100 µg/ml streptomycin), and incubated at 37°C in  
136 a water-saturated atmosphere of 95% ambient air and 5% CO<sub>2</sub>. DATS was dissolved in  
137 dimethyl sulfoxide (DMSO), and adjusted to the desired final concentrations using  
138 complete culture medium.

139

#### 140 *Cell viability assay and morphological imaging*

141 For the cell viability study, cells were grown to 70% confluence and treated with DATS  
142 in the presence or absence with other agents(s). Control cells were supplemented with  
143 complete media containing 0.1% dimethylsulfoxide (DMSO) as the vehicle control.  
144 Following treatment, cell viability was determined by use of the MTT assay, which is



145 based on the conversion of MTT to MTT-formazan by mitochondrial enzymes. Optical  
146 density was measured at 540 nm with an enzyme-linked immunosorbent assay (ELISA)  
147 plate reader (Dynatech MR-7000; Dynatech Laboratories, Chantilly, VA, USA). The  
148 optical density of the formazan formed in control cells was used to represent 100%  
149 viability (Hong et al., 2016). Morphological changes of cells were monitored by  
150 obtaining photomicrographs under an inverted phase contrast microscope (Carl Zeiss,  
151 Oberkochen, Germany) with a digital camera.

152

#### 153 *Lactate dehydrogenase (LDH) release assay*

154 The amount of LDH released from the cells in the supernatant was detected using an  
155 LDH assay kit (Sigma-Aldrich Chemical Co.) according to manufacturer's instructions.  
156 Briefly, at the end of the treatment period, culture medium was collected and transferred  
157 to new 96-well plates, then mixed with the 100  $\mu$ l reaction solution provided in the kit  
158 for 30 min. The optical density was measured at 490 nm using an ELISA plate reader.

159

#### 160 *Comet assay (Single-cell gel electrophoresis assay)*

161 A comet assay was performed to detect DNA migrating from single cells in the gel,  
162 following previously described method (Gunasekarana et al., 2015). Briefly, cells were  
163 exposed to H<sub>2</sub>O<sub>2</sub> in the presence and absence of DATS. The cells were suspended in 1%  
164 low melting point agarose and aliquoted onto glass microscope slides. The slides were  
165 placed in single rows and electrophoresed at 30 V (1 V/cm) and 300 mAmp for 20 min  
166 to draw negatively charged DNA toward the anode. Finally, the slides were washed  
167 with 0.4 M Tris (pH 7.5) at 4°C and stained with 20  $\mu$ g/ml PI. The slides were examined  
168 under a fluorescence microscope (Carl Zeiss) and the resulting images were analyzed.

169

170 *Protein extraction and Western blot analysis*

171 Cells were harvested, washed with phosphate-buffered saline (PBS) and lysed on ice for  
172 30 min in lysis buffer (20 mM sucrose, 1 mM ethylenediaminetetra acetic acid, 20  $\mu$ M  
173 Tris-HCl, pH 7.2, 1 mM dithiothreitol, 10 mM KCl, 1.5 mM MgCl<sub>2</sub>, and 5  $\mu$ g/ml  
174 aprotinin). Subsequently, an equal amount of protein for each sample was separated by  
175 sodium dodecyl sulfate (SDS)-polyacrylamide gel electrophoresis and transferred to  
176 PVDF membranes (Schleicher & Schuell, Keene, NH, USA). The membranes were  
177 blocked with 5% skim milk and then incubated overnight at 4°C with desired primary  
178 antibodies. The membranes were further incubated with corresponding HRP-conjugated  
179 secondary antibodies for 2 h at room temperature. The proteins of interest were  
180 visualized using an ECL detection system.

181

182 *Detection of nuclear morphological changes*

183 Detection of chromatin condensation and nuclear fragmentation in the nuclei of  
184 apoptotic cells was performed by DAPI staining. The cells were harvested, washed with  
185 PBS twice, and fixed with 3.7% paraformaldehyde in PBS for 10 min at 25°C. The  
186 fixed cells were washed with PBS and stained with 1 mg/ml DAPI solution for 10 min.  
187 The cells were washed twice with PBS and observed by fluorescence microscopy (Zhao  
188 et al., 2014).

189

190 *Measurement of ROS generation*

191 To measure ROS levels, cells were washed twice with PBS and lysed with 1% Triton  
192 X-100 in PBS for 10 min at 37°C and the cells then were stained with 10  $\mu$ M DCFDA

193 for 20 min at room temperature in the dark. The green fluorescence of DCF was  
194 recorded at 515 nm (FL1) using a flow cytometer, and 10,000 events were counted per  
195 sample. The results were also expressed as the percentage increase relative to non-  
196 treated cells.

197

#### 198 *Flow cytometry detection of apoptosis*

199 The rate of apoptosis was determined using an annexin V-FITC apoptosis detection kit.  
200 After treatment with agents, the cells were stained with annexin V-FITC and PI in each  
201 sample in accordance with the manufacturer's instructions (Kwon et al., 2015). After 15  
202 min incubation at room temperature in the dark, the degree of apoptosis was quantified  
203 as a percentage of the Annexin V-positive and PI-negative (Annexin V<sup>+</sup>/PI<sup>-</sup> cells) cells  
204 using a flow cytometer (Becton Dickinson, San Jose, CA, USA).

205

#### 206 *siRNA transfection*

207 siRNA-mediated silencing of Nrf2 gene was performed using siRNA duplexes  
208 purchased from Santa Cruz Biotechnology according to the manufacturer's protocol. An  
209 unrelated siRNA with random nucleotides was used as the non-silencing control. The  
210 siRNA was transfected into cells according to the manufacturer's instruction using the  
211 Lipofectamine 2000 Transfection Reagent (Life Technologies, Carlsbad, CA, USA).  
212 For transfection, the cells were seeded in 6-well culture plates and incubated with 50  
213 nM of control siRNA or Nrf2 siRNA in serum-free OPTI-MEM medium. After  
214 incubation for 6 h, the transfection medium was replaced with fresh media containing  
215 10% FBS for 24 h before further manipulation described (Choi et al., 2016).

216

217 *Statistical analysis*

218 Unless specified otherwise, data are expressed as the mean  $\pm$  standard deviation (SD) of  
219 at least three independent experiments. A one-way analysis of variance (SPSS version  
220 12.0 software) followed by Scheffe's test was applied to determine the significance of  
221 differences between groups. A *p* value  $< 0.05$  was considered significant.

222

223 **Results**

224

225 *DATS inhibits H<sub>2</sub>O<sub>2</sub>-induced cytotoxicity*

226 C2C12 cells were treated with 1.25 - 15  $\mu$ M DATS for 6 h to determine the effect of  
227 DATS on C2C12 cell viability using a MTT assay. The treatments did not result in any  
228 cytotoxic effect up to the concentration of 5  $\mu$ M, and cell viability dose-dependently  
229 decreased at concentrations higher than 7.5  $\mu$ M (Fig. 1A). DATS concentrations less  
230 than 5  $\mu$ M) were selected for the subsequent examination of the protective effect of  
231 DATS on H<sub>2</sub>O<sub>2</sub>-induced cytotoxicity. Treatment with 1 mM H<sub>2</sub>O<sub>2</sub> significantly reduced  
232 cell viability about 40%; this H<sub>2</sub>O<sub>2</sub>-induced reduction of cell viability was  
233 concentration-dependently protected by pretreatment with DATS (Fig. 1B). We also  
234 determined C2C12 cell damage by LDH assay. As shown in Fig. 1C, the H<sub>2</sub>O<sub>2</sub>-treated  
235 cells exhibited an induced LDH release as compared with the control, whereas  
236 pretreatment of cells with DATS markedly attenuated LDH release in a concentration-  
237 dependent manner. In addition, H<sub>2</sub>O<sub>2</sub> stimulation significantly induced morphological  
238 changes including extensive cytosolic vacuolization and the presence of irregular cell  
239 membrane buds, which were effectively attenuated by DATS pretreatment (Fig. 1C).  
240 These results indicate that DATS may protect C2C12 cells from H<sub>2</sub>O<sub>2</sub>-induced damage.

241

242 *DATS protects against H<sub>2</sub>O<sub>2</sub>-induced DNA damage*

243 We next examined the effects of DATS on H<sub>2</sub>O<sub>2</sub>-mediated DNA damage in C2C12 cells.  
244 A comet assay showed that exposure to H<sub>2</sub>O<sub>2</sub> led to loss of membrane integrity, with  
245 fragmented DNA resolved outside the cell as comet-like structures; this adverse effect  
246 was markedly inhibited by DATS pretreatment (Fig. 2A). In addition, immunoblotting  
247 results indicated that treatment of C2C12 cells with H<sub>2</sub>O<sub>2</sub> upregulated the level of the  
248 phosphorylated histone variant H2AX at serine 139 (p-γH2AX), a sensitive marker of  
249 DNA double-strand breaks (Rogakou et al., 1988) (Fig. 2C). Pretreatment with DATS  
250 significantly reduced H<sub>2</sub>O<sub>2</sub>-induced p-γH2AX expression.

251

252 *DATS protects against H<sub>2</sub>O<sub>2</sub>-induced apoptosis*

253 To evaluate the potential effect of DATS on H<sub>2</sub>O<sub>2</sub>-induced C2C12 cell apoptosis, we  
254 examined apoptotic features by measuring the chromatin condensation of the nuclei and  
255 poly(ADP ribose) polymerase (PARP) cleavage. DAPI staining revealed increased  
256 nuclei with chromatin condensation and the formation of apoptotic bodies, which are  
257 characteristic morphological changes of apoptosis, in cells cultured with H<sub>2</sub>O<sub>2</sub>.  
258 However, the control and DATS alone treated groups showed few apoptotic cells, and  
259 pretreatment of the cells with DATS significantly abrogated H<sub>2</sub>O<sub>2</sub>-induced apoptotic  
260 characteristics (Fig. 2C). Immunoblotting results also indicated that there was a marked  
261 increase in the level of cleaved PARP, a protein marker of apoptosis, in H<sub>2</sub>O<sub>2</sub>-treated  
262 cells compared with the control; treatment with DATS significantly decreased this  
263 cleavage (Fig. 2D).

264

265 *DATS reduces H<sub>2</sub>O<sub>2</sub>-induced ROS generation*

266 Intracellular ROS generation was monitored by flow cytometry to investigate whether  
267 DATS could prevent H<sub>2</sub>O<sub>2</sub>-induced ROS generation. Significantly increased ROS level  
268 was detected after 1 mM H<sub>2</sub>O<sub>2</sub> treatment unlike in untreated cells; however, this  
269 increase was significantly reduced in the presence of 5 μM DATS (Fig. 3A). As a  
270 positive control, the ROS scavenger NAC (5 mM) also markedly attenuated H<sub>2</sub>O<sub>2</sub>-  
271 induced ROS generation and DATS itself did not contribute to the ROS generation,  
272 indicating that DATS scavenged H<sub>2</sub>O<sub>2</sub>-induced ROS accumulation. Flow cytometry  
273 analysis revealed increased number of annexin-positive cells in the H<sub>2</sub>O<sub>2</sub>-treated C2C12  
274 cells compared to that in the control group. In contrast, the treatment of cells with  
275 DATS prior to H<sub>2</sub>O<sub>2</sub> exposure protected the C2C12 cells against apoptosis (Fig. 3B).

276

277 *Cytoprotective effect of DATS against oxidative stress is mediated through TrxR1*  
278 *induction*

279 To determine whether that the protective effects of DATS against H<sub>2</sub>O<sub>2</sub>-induced  
280 oxidative stress and apoptosis result from the induction of antioxidant genes, such as  
281 TrxR1, NQO-1, and HO-1, and their transcription factor Nrf2 and Keap1, a repressor of  
282 Nrf2, Western blot analyses were performed. DATS enhanced TrxR1 expression, but  
283 not Keap1, NQO-1 and HO-1, in time- and concentration-dependent manners; the  
284 enhanced expression was associated with increased expression and phosphorylation of  
285 Nrf2 (Fig. 4). Therefore, C2C12 cells were pre-treated with auranofin, which is widely  
286 used as an inhibitor of TrxR activity (Roder and Thomson, 2015; Liu et al., 2000), in  
287 the presence or absence of DATS and then exposed to H<sub>2</sub>O<sub>2</sub>, to identify whether the  
288 TrxR is involved in the protective effect of DATS. Auranofin significantly abrogated

289 the protective effect of DATS on H<sub>2</sub>O<sub>2</sub>-induced reduction of cell viability and  
290 production of ROS (Fig. 5).

291

#### 292 *DATS upregulates TrxR1 expression via Nrf2 activation*

293 To clarify the role of Nrf2 in TrxR1 upregulation in C2C12 cells, we developed an Nrf2  
294 gene knockdown model using siRNA transfection. Compared to the control siRNA-  
295 transfected cells, silencing Nrf2 through a specific siRNA eliminated the DATS -  
296 induced expression of Nrf2 as well as its phosphorylation and TrxR1 induction (Fig.  
297 6A). Moreover, the siNrf2 transfection abrogated the protective effects of DATS against  
298 H<sub>2</sub>O<sub>2</sub>-induced growth reduction unlike in the control siRNA-transfected cells (Fig. 6B).

299

#### 300 *DATS enhances Nrf2 phosphorylation by ERK*

301 To investigate whether Nrf2 phosphorylation by DATS in C2C12 cells might be  
302 affected by activation of signaling pathways, such as PI3K/Akt and MAPKs as  
303 upstream signaling mediators, we observed the phospho-forms of components of  
304 PI3K/Akt and MAPKs. Although the total protein levels of ERK did not show notable  
305 changes, DATS markedly increased the phosphorylation of ERK within 30 min of  
306 treatment, while PI3K, Akt, JNK, and p38 MAPK remained unchanged in their  
307 phosphorylation levels (Fig. 7A). The dependence of the induction and phosphorylation  
308 of Nrf2 challenged with DATS upon the activation of either ERK was proven using a  
309 specific inhibitor of ERK, PD98059. C2C12 cells were pretreated with 50 μM PD98059  
310 for 1 h and then treated with esculetin for 6 h. PD98059 treatment effectively reduced  
311 the DATS-induced induction and phosphorylation of Nrf2, with a resulting drop in the  
312 induction of TrxR1 (Fig. 6C). However, treatment with other specific pharmacological

313 inhibitors of PI3K/Akt (LY294002), JNK (SP600125), and p38 MAPK (SB203580) did  
314 not affect the expression of Nrf2 and TrxR1. In addition, co-pretreatment with PD98059  
315 and DATS prior to the H<sub>2</sub>O<sub>2</sub> exposure was able to remarkably abrogate the protective  
316 effects of DATS against H<sub>2</sub>O<sub>2</sub>-induced apoptosis as well as growth reduction (Fig. 8).

317

## 318 **Discussion**

319

320 In the current study, DATS showed intracellular ROS scavenging activities and  
321 provided cytoprotection against oxidative stress in C2C12 cells (Figs. 1 and 3A). DATS  
322 antagonized H<sub>2</sub>O<sub>2</sub>-induced DNA damage and apoptosis accompanied with a significant  
323 decrease of ROS generation (Figs. 2 and 3). These data support the view that the  
324 protective effects of DATS contribute to its role in the ROS scavenging effect and the  
325 antioxidant defense activity against H<sub>2</sub>O<sub>2</sub> treatment in C2C12 cells.

326 Accumulating evidence indicates that Nrf2 is a critical regulator in the orchestration  
327 of cellular antioxidant defenses and maintenance of redox homeostasis by mediating the  
328 induction of a variety of antioxidant defense enzymes. Nrf2 has been implicated as a  
329 therapeutic target for the prevention against oxidative stress-induced DNA damage and  
330 apoptosis (Huang et al., 2015; Gan and Johnson, 2014). In addition, TrxR is a  
331 nicotinamide adenine dinucleotide phosphate (NADPH)-dependent seleno cysteine-  
332 containing flavoenzyme that catalyzes the reduction of oxidized Trx and other small  
333 molecular oxidants (Mustacich and Powis, 2000; Arner, 2009). Therefore, the Trx  
334 system, a thiol-dependent electron donor system comprising Trx, TrxR, and NADPH, is  
335 critical in maintaining cellular redox homeostasis by counteracting the effects of ROS  
336 and regulating redox-related signaling cascades (Nguyen et al., 2006; Arner and



337 Holmgren, 2000). The Trx system also has key roles in DNA synthesis and activation of  
338 transcription factors that regulate cell growth (Holmgren and Lu, 2010; Kondo et al.,  
339 2006). The present results demonstrate that DATS treatment leads to an increase in the  
340 level of Nrf2 phosphorylation as well as the expression of Nrf2, and the expression of  
341 its downstream antioxidant enzyme TrxR1, but not NQO1 and HO-1, in time- and  
342 concentration-dependent manners (Fig. 4). To confirm that the protective effects of  
343 DATS were due to Trx signaling, auranofin, an inhibitor of TrxR activity (Roder and  
344 Thomson, 2015; Liu et al., 2000), was used. Our data indicate that induction of TrxR1  
345 expression might be required to suppress H<sub>2</sub>O<sub>2</sub>-induced ROS generation and that the  
346 anti-oxidative effects of DATS may occur through Trx signaling pathway (Fig. 5).

347 To further determine whether up-regulation of TrxR1 by DATS treatment is caused  
348 by Nrf2 pathway, we transfected cells with Nrf2 siRNA followed by treatment with  
349 DATS. Transfection with Nrf2 siRNA markedly attenuated DATS-induced TrxR1  
350 expression compared to control along with the inhibition of Nrf2 phosphorylation (Fig.  
351 6A), demonstrating that DATS could induce TrxR1 expression by activating Nrf2  
352 signaling. In parallel with these observations, silencing Nrf2 reversed the protective  
353 effects of DATS against H<sub>2</sub>O<sub>2</sub>-induced reduction of C2C12 cell viability (Fig. 6BC).  
354 Therefore, we conclude that DATS treatment has a protective effect against H<sub>2</sub>O<sub>2</sub>-  
355 mediated oxidative stress in C2C12 cells by activating the Nrf2-mediated TrxR1  
356 signaling pathway.

357 Because several cellular signaling pathways including PI3K/Akt and MAPKs  
358 represent important regulatory pathways for Nrf2 phosphorylation and nuclear  
359 translocation associated with inducible expression of antioxidant enzymes (Kweon et al.  
360 2006; Surh et al. 2008), the effects of DATS on PI3K/Akt and MAPKs cascades were

361 investigated to further identify the signaling pathways affected by DATS that enhance  
362 Nrf2 phosphorylation and TrxR1 expression. Immunoblotting results indicated that  
363 phosphorylation of ERK was observed at 30 min after DATS treatment and increased  
364 for up to 120 min, while PI3K, Akt, JNK, and p38 MAPK kinases were not affected  
365 (Fig. 7A). Therefore, we next examined the effects of specific inhibitors of PI3K/Akt  
366 and three MAPKs on the phosphorylation of Nrf2 as well as the increased levels of  
367 TrxR1. DATS-induced phosphorylation of Nrf2 and TrxR1 expression was markedly  
368 suppressed by PD98059, a specific inhibitor of ERK (Fig. 7B). However, other  
369 inhibitors did not dramatically affect Nrf2 phosphorylation and TrxR1 expression,  
370 implicating ERK as having the major role in Nrf2 phosphorylation in the induction of  
371 downstream TrxR1 expression in DATS-treated C2C12 cells. Importantly, blockage of  
372 ERK activation with PD98059 drastically attenuated the protective effects of DATS  
373 against H<sub>2</sub>O<sub>2</sub>-induced apoptosis and inhibition of the growth in C2C12 cells (Fig. 8).  
374 Taken together, these findings support the hypothesis that the ERK signaling pathway is  
375 involved in DATS-mediated activation of Nrf2 and upregulation of TrxR1. Thus,  
376 regulation of the Nrf2-mediated TrxR1 pathway can reduce H<sub>2</sub>O<sub>2</sub>-induced oxidative  
377 damage in C2C12 cells.

378 In summary, our results demonstrate that DATS protects C2C12 cells against  
379 oxidative stress-induced DNA damage and apoptosis through scavenging of ROS.  
380 Elevated activation of ERK signaling appears to be responsible for the activation of  
381 Nrf2 and its subsequent induction of TrxR1 expression. Although further research and  
382 clinical trials are needed to elucidate the molecular mechanisms detected herein, we  
383 suggest that DATS is able to reduce oxidative stress and ameliorate oxidative stress-  
384 related diseases.

385

386 **Conflict of Interest**

387

388 The author has no conflict of interest to declare.

389

390 **Acknowledgements**

391

392 This research was supported by Basic Science Research Program through the National  
393 Research Foundation of Korea (NRF) grant funded by the Korea government  
394 (2015R1A2A2A01004633) and the Blue-Bio Industry Regional Innovation Center  
395 (RIC08-06-07) at Dongeui University as a RIC program under Ministry of Trade,  
396 Industry & Energy and Busan city.

397

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530

531 **Figure legends**

532

533 Figure 1. DATS inhibits H<sub>2</sub>O<sub>2</sub>-induced cytotoxicity in C2C12 cells. Cells were treated  
534 with various concentrations of DATS for 6 h (A) or pretreated with the indicated  
535 concentrations of DATS for 1 h and then incubated with and without 1 mM H<sub>2</sub>O<sub>2</sub>  
536 for 6 h (B). Cell viability was assessed using an MTT reduction assay. (C) **The**  
537 **cytotoxicity was also measured by the LDH assay.** The results represent the mean ±  
538 SD obtained in three independent experiments (\**p*<0.05 compared with control  
539 group; #*p*<0.05 compared with H<sub>2</sub>O<sub>2</sub>-treated group). (D) Cellular morphological  
540 changes were monitored in photomicrographs obtained using inverted phase  
541 contrast microscopy (x200).

542

543 Figure 2. Inhibition of H<sub>2</sub>O<sub>2</sub>-induced DNA damage and apoptosis by DATS in C2C12  
544 cells. Cells were pretreated with 5 μM DATS for 1 h and then incubated with and  
545 without 1 mM H<sub>2</sub>O<sub>2</sub> for 6 h. (A) To detect cellular DNA damage, the comet assay  
546 was performed and representative pictures of the comets were taken using  
547 fluorescence microscopy (x200 original magnification). (C) The cells were fixed  
548 and stained with DAPI. The stained nuclei were observed using fluorescent  
549 microscopy (x400 original magnification). (B and D) The cells were lysed and  
550 equal amounts of cell lysate (50 μg) were separated by SDS-PAGE and transferred  
551 to nitrocellulose membranes. The membranes were probed with specific antibodies  
552 against p-γH2AX, γH2AX, PARP, and actin (the latter as an internal control) and  
553 the proteins were visualized by ECL.

554

555 Figure 3. Inhibition of H<sub>2</sub>O<sub>2</sub>-induced ROS generation and apoptosis by DATS in C2C12  
556 cells. Cells were pretreated with 5 μM DATS for 1 h and then incubated with or  
557 without 1 mM H<sub>2</sub>O<sub>2</sub> for 6 h. (A) To monitor ROS production, the cells were  
558 incubated at 37°C in the dark for 20 min with new culture medium containing 10  
559 μM DCFDA. ROS accumulation was measured using flow cytometry. (B) To  
560 quantify the degree of apoptosis, the cells were stained with annexin-V-FITC and  
561 PI for flow cytometry analysis. The results are the mean ± SD obtained in three  
562 independent experiments (\**p*<0.05 compared with the control group; #*p*<0.05  
563 compared with the H<sub>2</sub>O<sub>2</sub>-treated group).

564

565 Figure 4. Effects of DATS on the expression of Nrf2, TrxR1, NQO1, and HO-1 in  
566 C2C12 cells. Cells were incubated with 5 μM DATS for the indicated periods (A)  
567 or incubated for 6 h with the indicated concentrations of DATS (B). Cellular  
568 proteins were separated by SDS-PAGE and transferred to nitrocellulose membranes.  
569 The membranes were probed with the indicated antibodies. Proteins were  
570 visualized using ECL. Actin was used as an internal control.

571

572 Figure 5. Effects of TrxR inhibition on DATS-mediated attenuation of growth inhibition  
573 and ROS formation by H<sub>2</sub>O<sub>2</sub> in C2C12 cells. Cells were pretreated for 1 h with 5  
574 μM DATS and then treated for 6 h with or without 1 mM H<sub>2</sub>O<sub>2</sub> in the absence or  
575 presence of 1 μM auranofin. Cell viability (A) and ROS generation (B) were  
576 estimated. The results are the mean ± SD values obtained in three independent  
577 experiments (\**p*<0.05 compared with control group; #*p*<0.05 compared with H<sub>2</sub>O<sub>2</sub>-  
578 treated group; \$*p*<0.05 compared with H<sub>2</sub>O<sub>2</sub> and DATS-treated group).

579

580 Figure 6. Nrf2-mediated induction of TrxR1 expression by DATS in C2C12 cells. Cells  
581 were transfected with control (Con siRNA, as a negative control for RNA  
582 interference) and Nrf2 siRNA. After 24 h, the cells were treated with 5  $\mu$ M DATS  
583 for 6 h (A) in the presence or absence with 1 mM H<sub>2</sub>O<sub>2</sub> (B). (A) Cellular proteins  
584 were separated by SDS-PAGE and transferred to nitrocellulose membranes. The  
585 membranes were probed with antibodies against Nrf2, p-Nrf2 and TrxR1. Proteins  
586 were visualized using ECL. Actin was used as an internal control. (B) Cell viability  
587 was assessed using a MTT reduction assay. The results are the mean  $\pm$  SD values  
588 obtained in three independent experiments (\* $p$ <0.05 compared with control group;  
589 # $p$ <0.05 compared with H<sub>2</sub>O<sub>2</sub>-treated group; \$ $p$ <0.05 compared with H<sub>2</sub>O<sub>2</sub> and Nrf2  
590 siRNA-treated group).

591

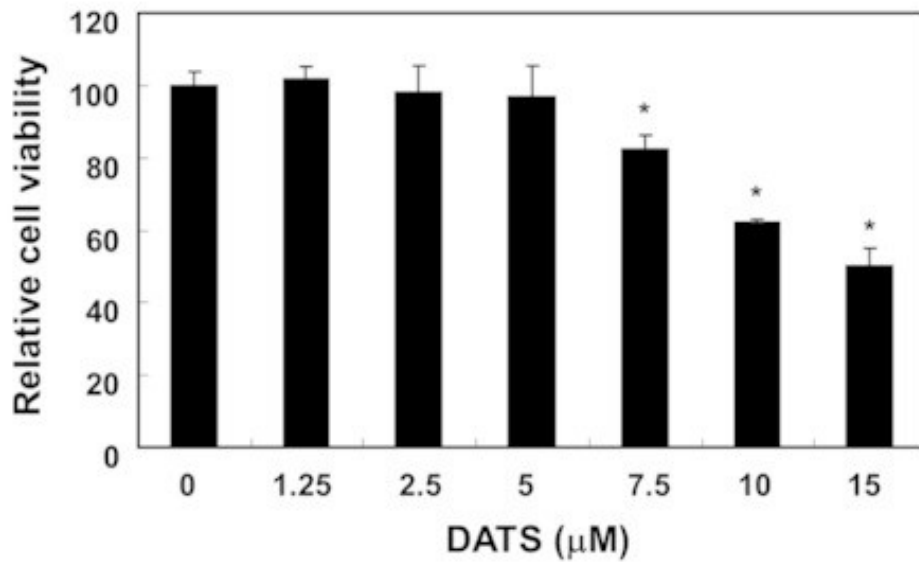
592 Figure 7. Involvement of ERK signaling pathway on the induction of Nrf2 and TrxR1  
593 by DATS in C2C12 cells. Cells were treated with 5  $\mu$ M DATS for the indicated  
594 times (A) or pre-treated for 1 h with and without the indicated inhibitors  
595 (LY294002, a specific inhibitor of PI3K; PD98059, a specific ERK inhibitor;  
596 SB203580, a specific p38 MAPK inhibitor; SP600125, a specific JNK inhibitor),  
597 and then treated with 5  $\mu$ M DATS for an additional 6 h (B). The cells were lysed,  
598 and then equal amounts of cell lysates were separated by SDS-PAGE and  
599 transferred to nitrocellulose membranes. The membranes were probed with the  
600 indicated antibodies, and the proteins were visualized using ECL. Actin was used  
601 as an internal control.

602

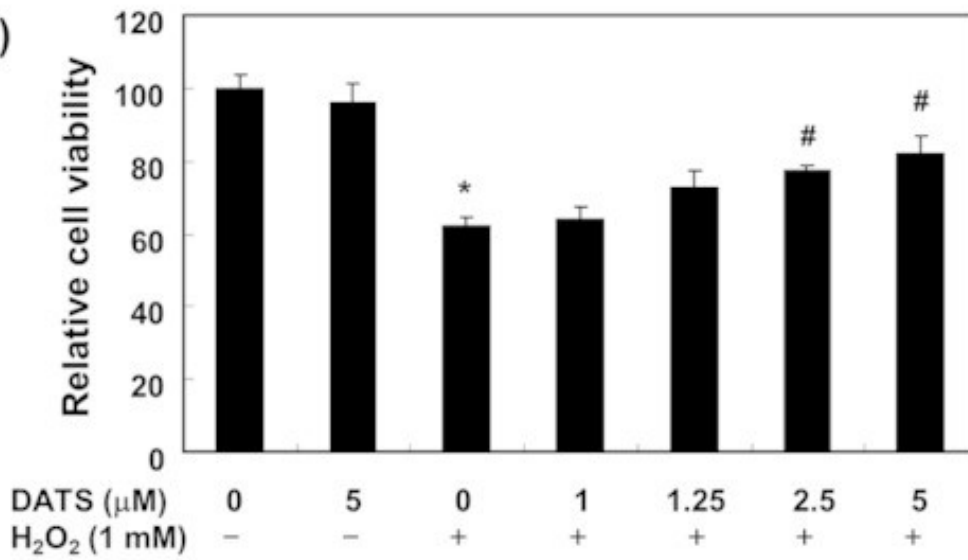
603 Figure 8. Effects of ERK inhibition on DATS-mediated attenuation of apoptosis and  
604 growth inhibition by H<sub>2</sub>O<sub>2</sub> in C2C12 cells. Cells were pretreated for 1 h with 5 μM  
605 DATS and were subsequently treated for 6 h with or without 1 mM H<sub>2</sub>O<sub>2</sub> in the  
606 absence or presence of 50 μM PD98059. Apoptosis rate (A) and cell viability (B)  
607 were estimated. The results are expressed as the mean ± SD values obtained in  
608 three independent experiments (\**p*<0.05 compared with the control group;  
609 <sup>#</sup>*p*<0.05 compared with the H<sub>2</sub>O<sub>2</sub>-treated group; <sup>\$</sup>*p*<0.05 compared with the H<sub>2</sub>O<sub>2</sub>  
610 and DATS treated group).

Fig. 1 [Download full resolution image](#)

A)



B)



C)

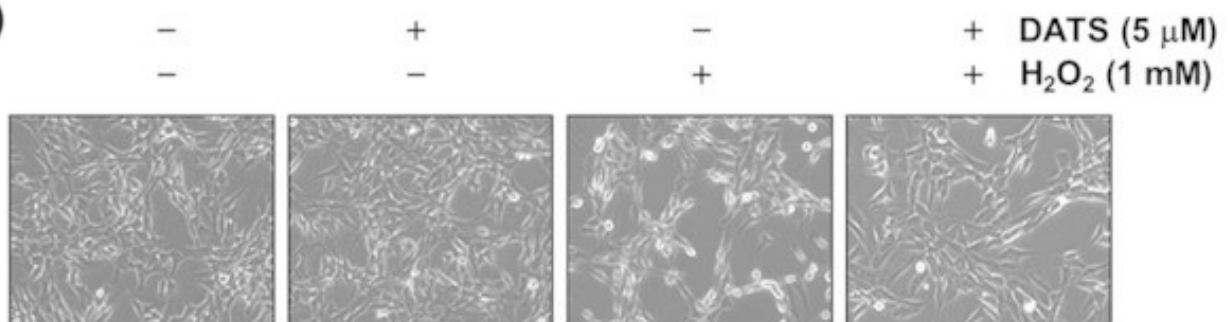


Fig. 2 [Download full resolution image](#)

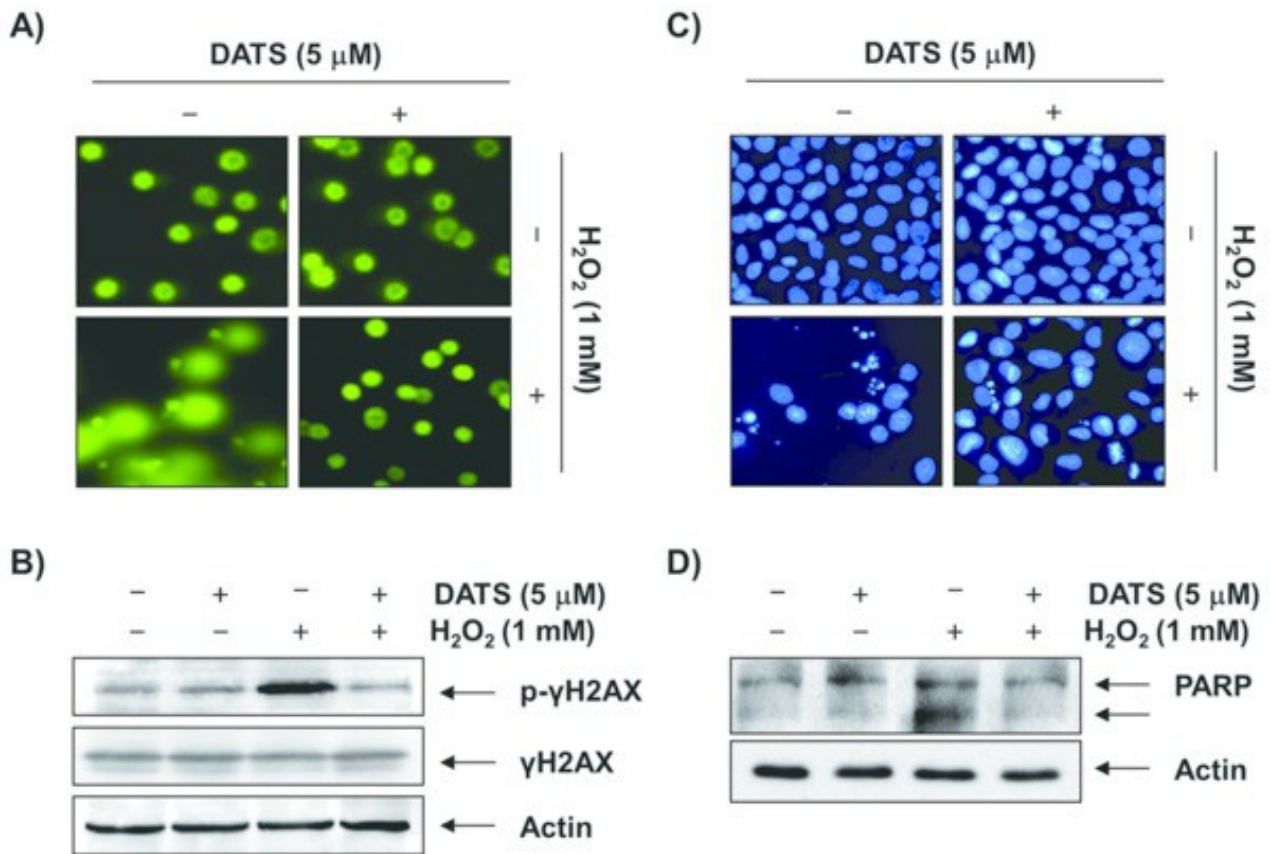
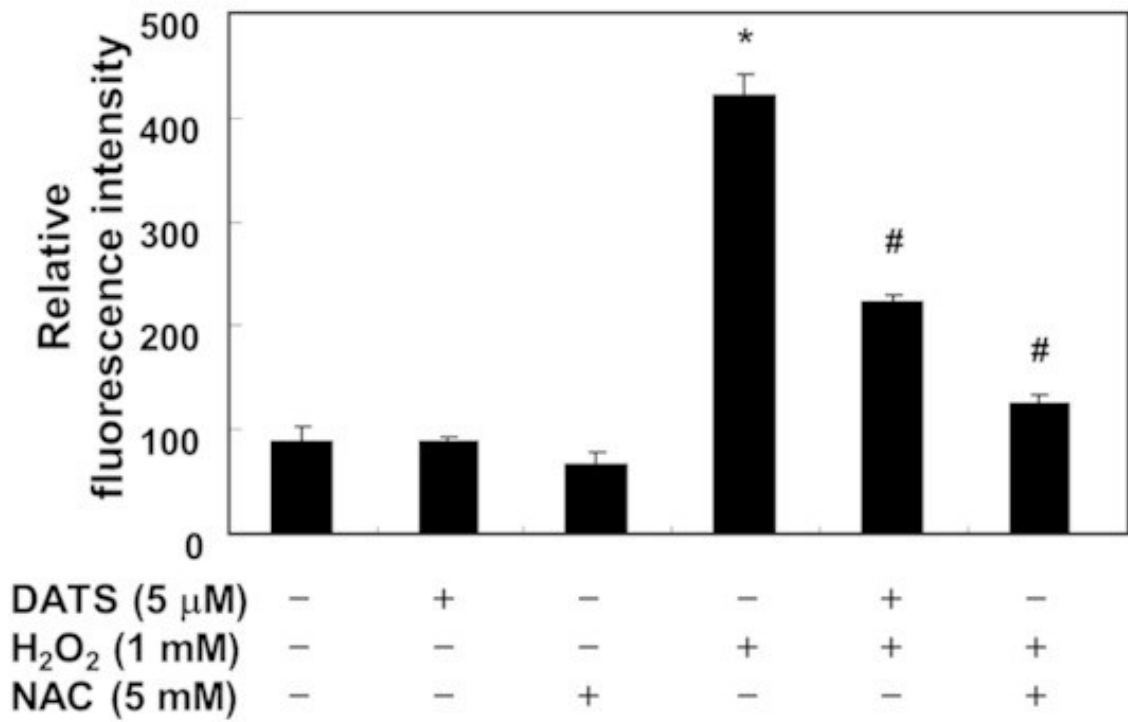


Fig. 3 [Download full resolution image](#)

A)



B)

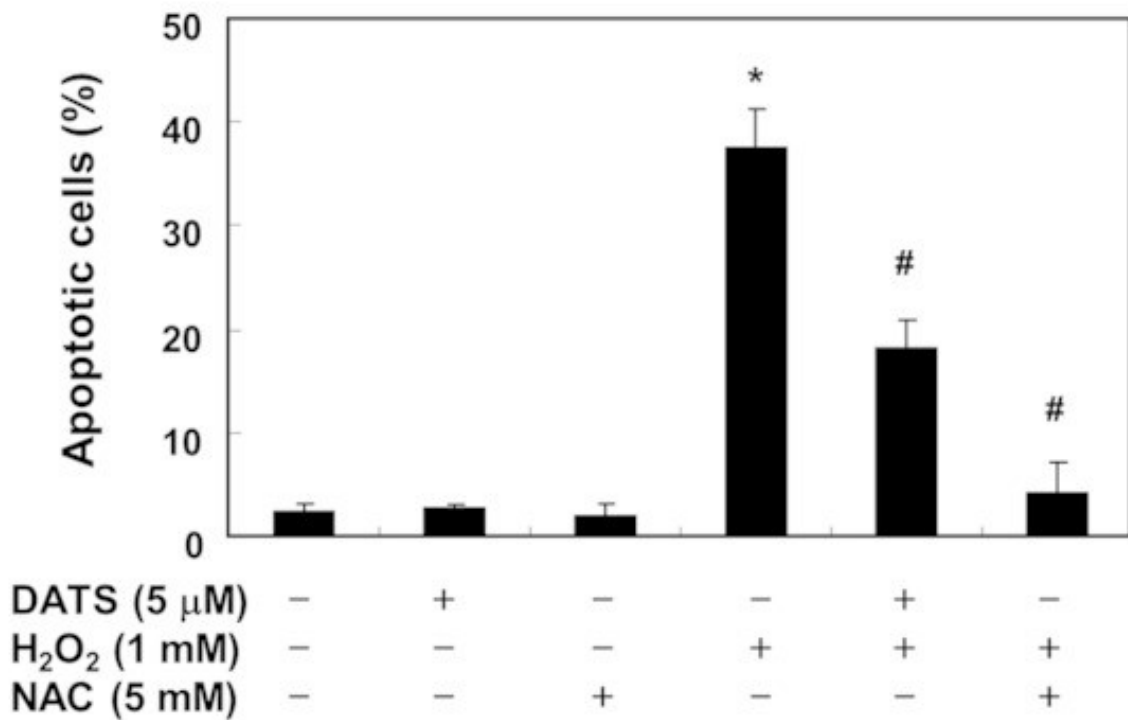




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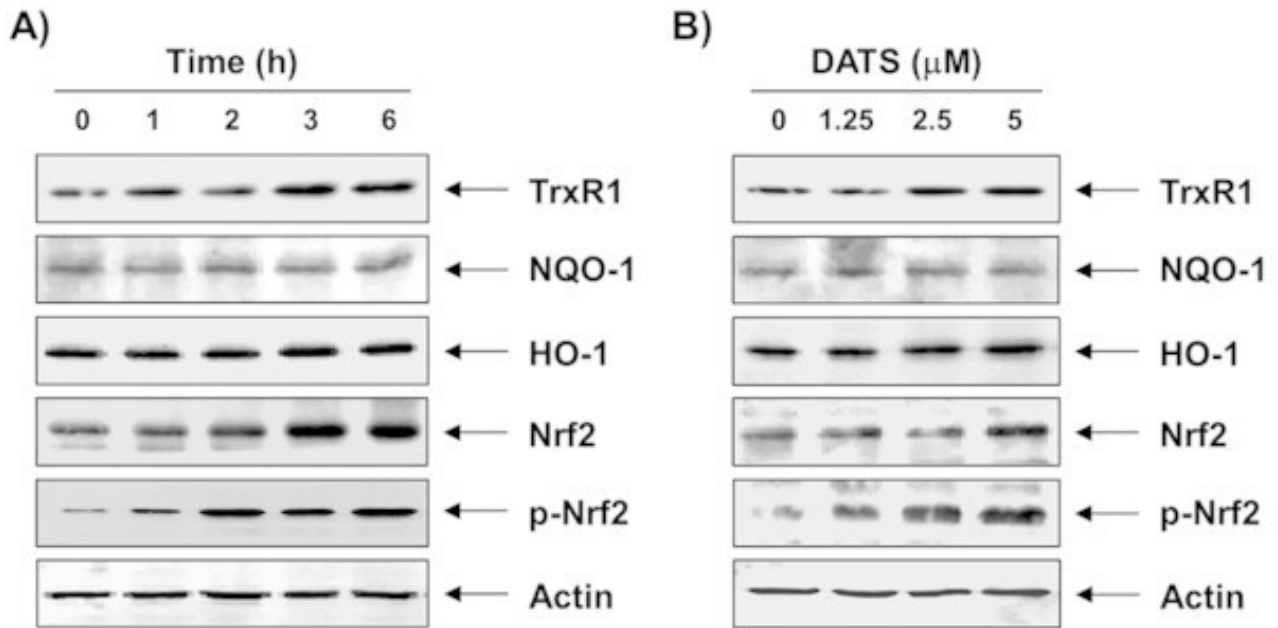


Fig. 5 [Download full resolution image](#)

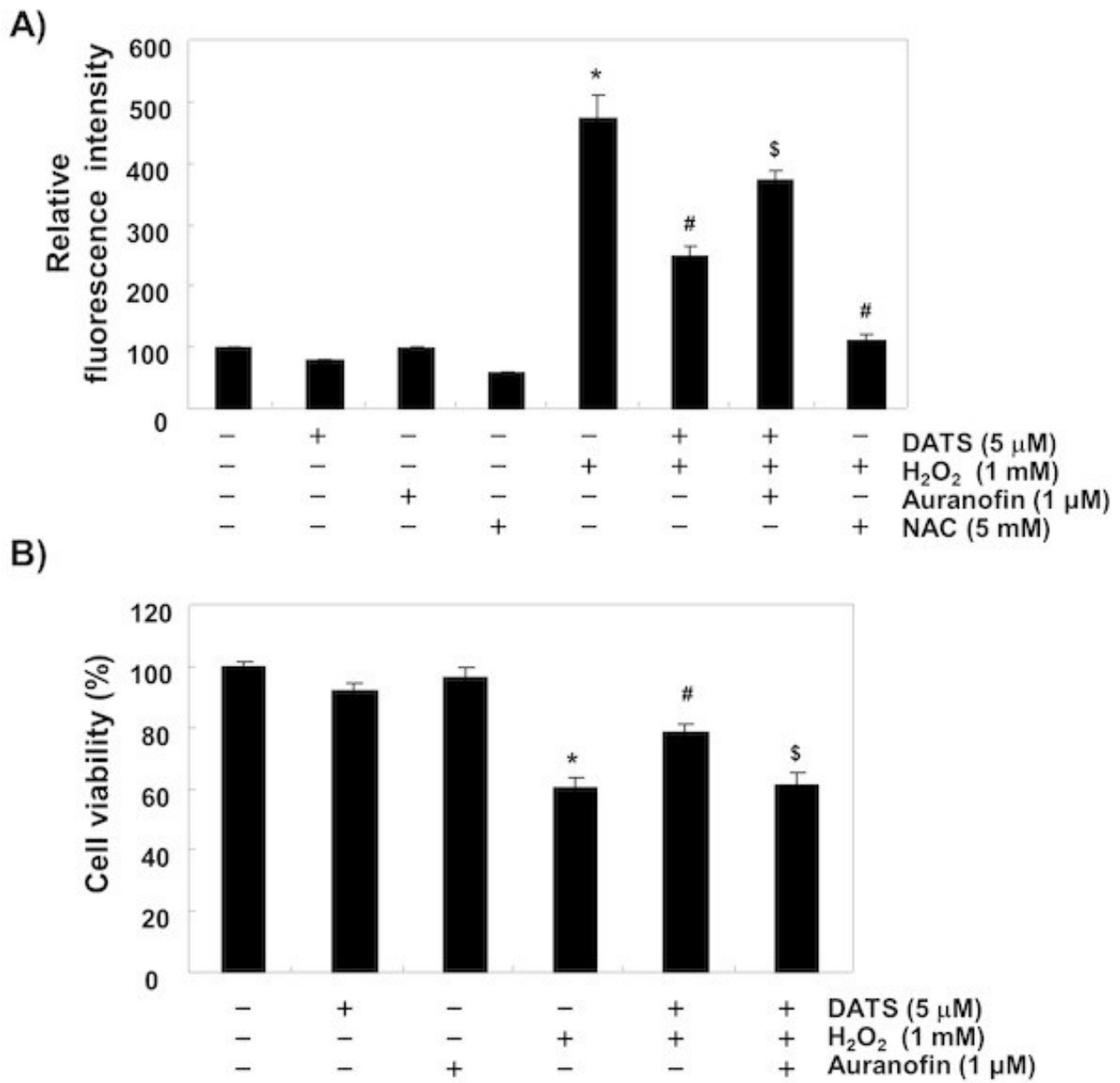


Fig. 6 [Download full resolution image](#)

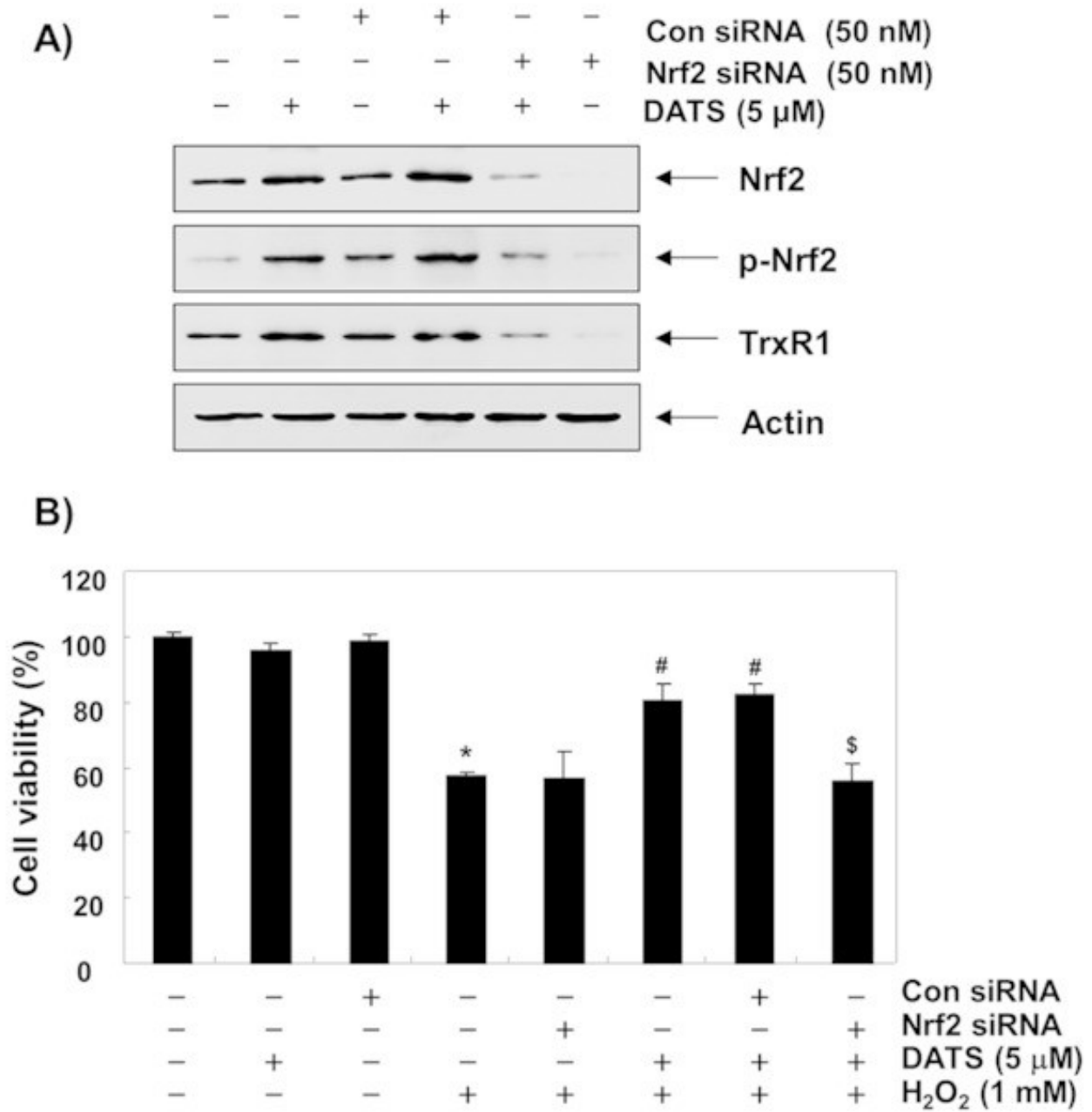


Fig. 7 [Download full resolution image](#)

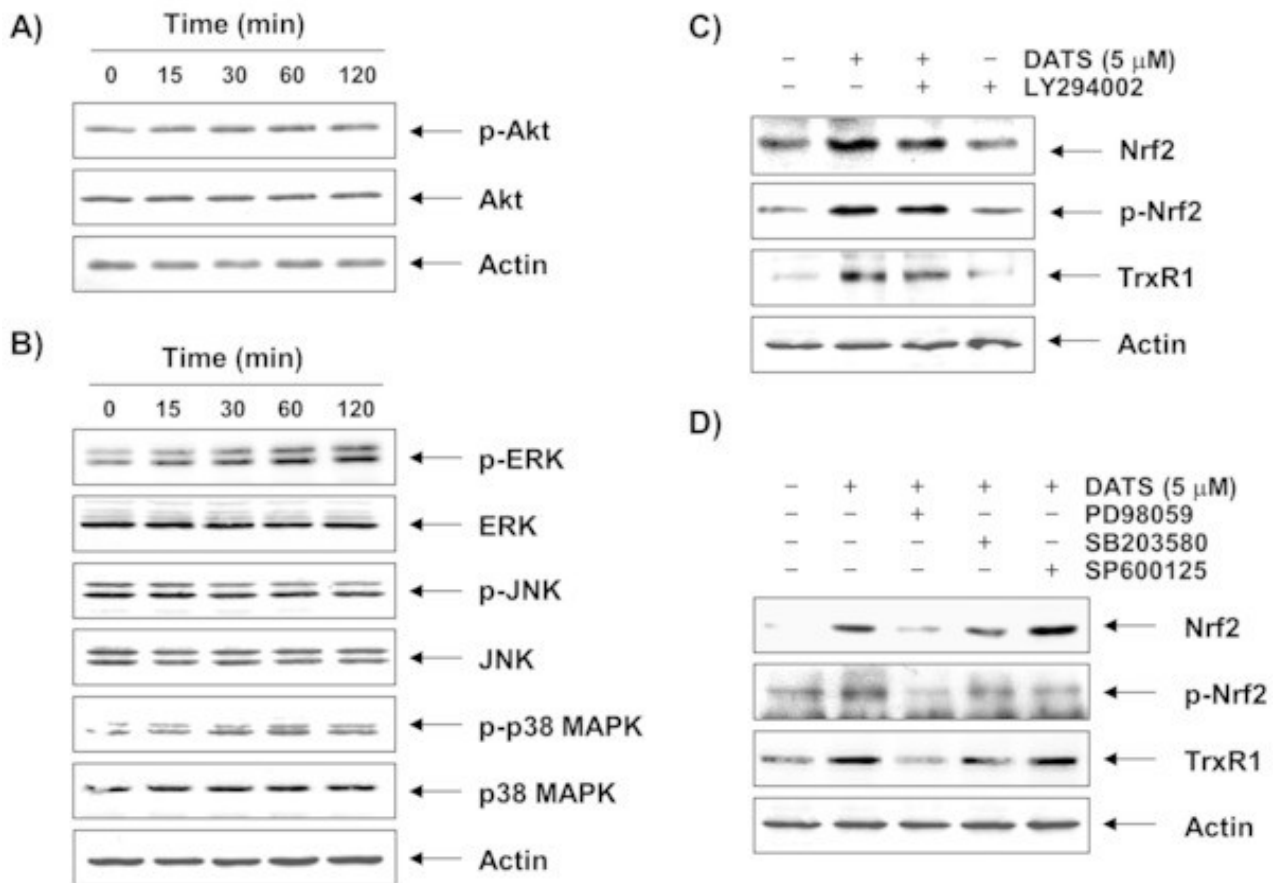


Fig. 8 [Download full resolution image](#)

